



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Alksnis, Uldis

□□: CPSS/Meridiāns/Pārgauja

□□□: 42:21

□□□□: 11:32 min/km

□□: 3.67 km / 18 □□

□□□□:

Men 60-

□□□□□: 11(of 14)

□□□□□□□: 31:57

□□: 10:24

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	4:35	11	2:12	92.3	4:35	11	2:12	92.3
2 (87)	2:20	1	-	-	6:55	8	2:02	41.6
3 (108)	8:12	13	6:49	492.8	15:07	13	8:37	132.6
4 (124)	2:08	9	0:40	45.5	17:15	13	9:01	109.5
5 (88)	0:48	1	-	-	18:03	13	8:58	98.7
6 (84)	1:00	3	0:07	13.2	19:03	13	9:05	91.1
7 (129)	1:34	7	0:24	34.3	20:37	13	9:28	84.9
8 (113)	6:27	8	2:30	63.3	27:04	12	11:42	76.1
9 (92)	1:20	3	0:05	6.7	28:24	12	11:34	68.7
10 (117)	3:40	12	1:26	64.2	32:04	12	12:49	66.6
11 (97)	1:28	11	0:57	183.9	33:32	12	13:40	68.8
12 (99)	1:12	4	0:08	12.5	34:44	12	13:48	65.9
13 (101)	2:49	4	0:25	17.4	37:33	12	13:39	57.1
14 (128)	0:45	4	0:06	15.4	38:18	12	12:41	49.5
15 (53)	0:54	5	0:06	12.5	39:12	12	12:40	47.7
16 (120)	1:19	3	0:14	21.5	40:31	11	10:15	33.9
17 (104)	0:45	3	0:08	21.6	41:16	11	10:10	32.7
18 (100)	0:41	7	0:10	32.3	41:57	11	10:20	32.7
□□	0:24	3	0:04	20.0	42:21	11	10:24	32.6