



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Kyyrönen, Heikki

□□: Kouvolan Suunnistajat

□□□: 35:02

□□□□: 9:32 min/km

□□: 3.67 km / 18 □□

□□□□:

Men 65-

□□□□□: 3(of 15)

□□□□□□□: 29:38

□□: 5:24

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	3:07	3	0:25	15.4	3:07	3	0:25	15.4
2 (87)	2:57	5	0:34	23.8	6:04	3	0:59	19.3
3 (108)	1:40	3	0:09	9.9	7:44	3	1:05	16.3
4 (124)	2:03	4	0:18	17.1	9:47	3	1:11	13.8
5 (88)	1:18	10	0:24	44.4	11:05	3	1:34	16.5
6 (84)	1:11	4	0:15	26.8	12:16	3	1:42	16.1
7 (129)	1:49	6	0:30	38.0	14:05	3	1:37	13.0
8 (113)	5:54	6	1:18	28.3	19:59	3	2:45	16.0
9 (92)	1:28	8	0:18	25.7	21:27	3	2:58	16.1
10 (117)	2:43	4	0:27	19.9	24:10	3	3:15	15.5
11 (97)	1:29	12	0:53	147.2	25:39	3	3:46	17.2
12 (99)	1:21	4	0:17	26.6	27:00	3	4:03	17.7
13 (101)	2:55	8	0:32	22.4	29:55	3	4:35	18.1
14 (128)	0:47	9	0:09	23.7	30:42	3	4:43	18.2
15 (53)	0:58	6	0:08	16.0	31:40	3	4:51	18.1
16 (120)	1:24	6	0:18	27.3	33:04	3	5:03	18.0
17 (104)	0:54	6	0:10	22.7	33:58	3	5:13	18.1
18 (100)	0:39	5	0:08	25.8	34:37	3	5:21	18.3
□□	0:25	4	0:03	13.6	35:02	3	5:24	18.2