



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Buls, Jānis

□□: KURMIS OK

□□□: 57:56

□□□□: 15:47 min/km

□□: 3.67 km / 18 □□

□□□□:

Men 65-

□□□□□: 13(of 15)

□□□□□□: 29:38

□□: 28:18

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (127)	8:48	15	6:06	225.9	8:48	15	6:06	225.9
2 (87)	4:13	12	1:50	76.9	13:01	15	7:56	156.1
3 (108)	7:53	15	6:22	419.8	20:54	15	14:15	214.3
4 (124)	2:10	6	0:25	23.8	23:04	14	14:28	168.2
5 (88)	0:59	4	0:05	9.3	24:03	14	14:32	152.7
6 (84)	2:50	12	1:54	203.6	26:53	14	16:19	154.4
7 (129)	2:58	13	1:39	125.3	29:51	14	17:23	139.4
8 (113)	5:15	4	0:39	14.1	35:06	12	17:52	103.7
9 (92)	1:30	9	0:20	28.6	36:36	12	18:07	98.0
10 (117)	7:30	15	5:14	230.9	44:06	14	23:11	110.8
11 (97)	2:25	13	1:49	302.8	46:31	14	24:38	112.6
12 (99)	1:26	7	0:22	34.4	47:57	14	25:00	108.9
13 (101)	2:52	7	0:29	20.3	50:49	13	25:29	100.6
14 (128)	0:43	6	0:05	13.2	51:32	13	25:33	98.3
15 (53)	1:14	10	0:24	48.0	52:46	13	25:57	96.8
16 (120)	2:58	14	1:52	169.7	55:44	13	27:43	98.9
17 (104)	0:55	8	0:11	25.0	56:39	13	27:54	97.0
18 (100)	0:45	9	0:14	45.2	57:24	13	28:08	96.1
□□	0:32	12	0:10	45.5	57:56	13	28:18	95.5