



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Baško, Jāzeps

□□: Kāpa OK

□□□: 51:19

□□□□: 13:45 min/km

□□: 3.73 km / 17 □□

□□□□:

Men 70-

□□□□□: 5(of 12)

□□□□□□□: 39:32

□□: 11:47

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (82)	4:16	5	0:55	27.4	4:16	5	0:55	27.4
2 (87)	4:00	5	1:32	62.2	8:16	5	2:27	42.1
3 (129)	2:30	9	1:21	117.4	10:46	5	3:48	54.6
4 (86)	3:42	11	2:11	144.0	14:28	5	5:41	64.7
5 (89)	2:14	7	0:40	42.6	16:42	5	6:21	61.4
6 (109)	3:04	7	0:52	39.4	19:46	5	6:32	49.4
7 (84)	1:12	5	0:28	63.6	20:58	5	7:00	50.1
8 (111)	3:11	4	0:32	20.1	24:09	5	7:22	43.9
9 (94)	6:10	6	2:59	93.7	30:19	5	8:26	38.5
10 (115)	4:21	7	1:27	50.0	34:40	5	9:41	38.8
11 (96)	2:37	6	0:27	20.8	37:17	5	10:08	37.3
12 (116)	1:36	5	0:10	11.6	38:53	5	10:15	35.8
13 (78)	7:03	6	1:51	35.6	45:56	5	10:56	31.2
14 (53)	0:58	4	0:09	18.4	46:54	5	10:59	30.6
15 (120)	1:46	5	0:18	20.5	48:40	5	11:17	30.2
16 (131)	1:12	8	0:27	60.0	49:52	5	11:32	30.1
17 (100)	0:56	10	0:24	75.0	50:48	5	11:47	30.2
□□	0:31	3	0:04	14.8	51:19	5	11:47	29.8