



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Andersson, Kurt

□□: Enebybergs IF

□□□: 58:38

□□□□: 15:43 min/km

□□: 3.73 km / 17 □□

□□□□:

Men 70-

□□□□□: 7(of 12)

□□□□□□: 39:32

□□: 19:06

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (82)	3:46	3	0:25	12.4	3:46	3	0:25	12.4
2 (87)	12:42	11	10:14	414.9	16:28	8	10:39	183.1
3 (129)	1:53	7	0:44	63.8	18:21	7	11:23	163.4
4 (86)	1:44	3	0:13	14.3	20:05	7	11:18	128.7
5 (89)	2:24	8	0:50	53.2	22:29	7	12:08	117.2
6 (109)	2:35	3	0:23	17.4	25:04	7	11:50	89.4
7 (84)	0:57	2	0:13	29.6	26:01	7	12:03	86.3
8 (111)	2:53	3	0:14	8.8	28:54	7	12:07	72.2
9 (94)	7:31	9	4:20	136.1	36:25	7	14:32	66.4
10 (115)	4:47	8	1:53	64.9	41:12	7	16:13	64.9
11 (96)	3:07	7	0:57	43.9	44:19	7	17:10	63.2
12 (116)	2:58	9	1:32	107.0	47:17	7	18:39	65.1
13 (78)	6:20	2	1:08	21.8	53:37	7	18:37	53.2
14 (53)	1:01	6	0:12	24.5	54:38	7	18:43	52.1
15 (120)	1:39	3	0:11	12.5	56:17	7	18:54	50.6
16 (131)	1:02	6	0:17	37.8	57:19	7	18:59	49.5
17 (100)	0:48	7	0:16	50.0	58:07	7	19:06	49.0
□□	0:31	3	0:04	14.8	58:38	7	19:06	48.3