



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Van Der Cruys, Jean-Pierre

□□: ASUB Orientation Brussels

□□□: 1:33:40

□□□□: 25:06 min/km

□□: 3.73 km / 17 □□

□□□□:

Men 70-

□□□□□: 10(of 12)

□□□□□□: 39:32

□□: 54:08

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (82)	6:20	9	2:59	89.1	6:20	9	2:59	89.1
2 (87)	22:28	12	20:00	810.8	28:48	12	22:59	395.1
3 (129)	6:27	10	5:18	460.9	35:15	11	28:17	406.0
4 (86)	2:22	8	0:51	56.0	37:37	11	28:50	328.3
5 (89)	3:24	12	1:50	117.0	41:01	11	30:40	296.3
6 (109)	4:34	11	2:22	107.6	45:35	10	32:21	244.5
7 (84)	1:28	8	0:44	100.0	47:03	10	33:05	236.9
8 (111)	4:33	10	1:54	71.7	51:36	10	34:49	207.5
9 (94)	6:29	7	3:18	103.7	58:05	9	36:12	165.4
10 (115)	5:52	10	2:58	102.3	1:03:57	9	38:58	156.0
11 (96)	3:25	9	1:15	57.7	1:07:22	9	40:13	148.1
12 (116)	5:24	10	3:58	276.7	1:12:46	10	44:08	154.1
13 (78)	12:35	11	7:23	142.0	1:25:21	10	50:21	143.9
14 (53)	1:23	9	0:34	69.4	1:26:44	10	50:49	141.5
15 (120)	2:51	10	1:23	94.3	1:29:35	10	52:12	139.6
16 (131)	2:32	10	1:47	237.8	1:32:07	10	53:47	140.3
17 (100)	0:55	9	0:23	71.9	1:33:02	10	54:01	138.5
□□	0:38	8	0:11	40.7	1:33:40	10	54:08	136.9