



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Tūns, Tāļivaldis

□□: Kāpa OK

□□□: 1:03:17

□□□□: 19:03 min/km

□□: 3.32 km / 15 □□

□□□□:

Men 80-

□□□□□: 2(of 3)

□□□□□□□: 50:51

□□: 12:26

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (130)	4:46	3	0:56	24.4	4:46	3	0:56	24.4
2 (135)	7:58	3	5:47	264.9	12:44	3	6:43	111.6
3 (83)	1:24	1	-	-	14:08	3	4:32	47.2
4 (111)	11:14	2	4:39	70.6	25:22	2	9:08	56.3
5 (95)	4:20	2	0:07	2.8	29:42	2	9:02	43.7
6 (92)	5:04	3	0:41	15.6	34:46	2	9:25	37.2
7 (96)	3:32	3	0:37	21.1	38:18	2	10:02	35.5
8 (133)	4:22	2	0:55	26.6	42:40	2	10:57	34.5
9 (118)	4:01	1	-	-	46:41	2	10:55	30.5
10 (102)	6:33	3	0:47	13.6	53:14	2	11:42	28.2
11 (53)	2:13	1	-	-	55:27	2	11:40	26.7
12 (126)	3:11	3	0:29	17.9	58:38	2	12:09	26.1
13 (120)	1:15	3	0:06	8.7	59:53	2	12:15	25.7
14 (132)	1:14	1	-	-	1:01:07	2	12:06	24.7
15 (100)	1:15	3	0:19	33.9	1:02:22	2	12:25	24.9
□□	0:55	2	0:01	1.9	1:03:17	2	12:26	24.5