



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Valinka, Līga

□□: Ind.

□□□: 44:58

□□□□: 15:11 min/km

□□: 2.96 km / 13 □□

□□□□:

OPEN1

□□□□□: 3(of 10)

□□□□□□□: 35:27

□□: 9:31

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (138)	5:55	4	3:34	151.8	5:55	4	3:34	151.8
2 (130)	2:03	1	-	-	7:58	4	3:25	75.1
3 (135)	3:26	4	1:22	66.1	11:24	3	4:46	71.9
4 (136)	3:28	2	0:22	11.8	14:52	3	5:03	51.4
5 (95)	4:14	3	1:21	46.8	19:06	3	5:33	41.0
6 (133)	3:21	3	0:48	31.4	22:27	3	4:55	28.0
7 (137)	5:17	5	2:31	91.0	27:44	3	6:42	31.9
8 (78)	4:58	3	1:11	31.3	32:42	3	6:57	27.0
9 (53)	1:24	2	0:25	42.4	34:06	3	6:54	25.4
10 (121)	2:50	3	0:30	21.4	36:56	3	6:46	22.4
11 (122)	4:12	5	2:12	110.0	41:08	3	8:47	27.2
12 (131)	2:39	5	0:52	48.6	43:47	3	9:39	28.3
13 (100)	0:42	3	0:10	31.3	44:29	3	9:33	27.3
□□	0:29	3	0:07	31.8	44:58	3	9:31	26.9