



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Ābelītis, Edgars

□□: Ind.

□□□: 1:01:14

□□□□: 11:29 min/km

□□: 5.33 km / 25 □□

□□□□:
OPEN2

□□□□□: 4(of 5)

□□□□□□: 51:28

□□: 9:46

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	□□	-	-	%	□□	-	-	%
1 (81)	2:16	1	-	-	2:16	1	-	-
2 (82)	0:46	2	0:02	4.6	3:02	1	-	-
3 (123)	0:40	2	0:05	14.3	3:42	1	-	-
4 (109)	3:14	1	-	-	6:56	1	-	-
5 (111)	13:57	5	11:29	465.5	20:53	5	10:56	109.9
6 (89)	1:09	1	-	-	22:02	5	10:44	95.0
7 (86)	1:53	3	0:13	13.0	23:55	5	10:57	84.5
8 (110)	2:45	1	-	-	26:40	5	9:16	53.3
9 (112)	2:15	1	-	-	28:55	5	8:58	45.0
10 (92)	4:00	1	-	-	32:55	5	5:01	18.0
11 (93)	2:02	4	0:10	8.9	34:57	4	5:04	17.0
12 (94)	1:33	1	-	-	36:30	3	4:43	14.8
13 (91)	2:48	5	1:36	133.3	39:18	4	6:19	19.2
14 (96)	2:14	2	0:06	4.7	41:32	4	6:25	18.3
15 (98)	3:50	5	1:48	88.5	45:22	4	8:00	21.4
16 (118)	1:09	1	-	-	46:31	4	7:52	20.4
17 (102)	3:20	2	0:06	3.1	49:51	4	7:58	19.0
18 (78)	0:57	2	0:01	1.8	50:48	4	7:39	17.7
19 (53)	0:49	2	0:03	6.5	51:37	4	7:42	17.5
20 (121)	4:12	5	2:32	152.0	55:49	4	10:11	22.3
21 (122)	1:42	3	0:10	10.9	57:31	4	10:12	21.6
22 (120)	1:22	1	-	-	58:53	4	10:02	20.5
23 (126)	0:36	1	-	-	59:29	4	9:57	20.1
24 (132)	0:51	2	0:06	13.3	1:00:20	4	9:55	19.7
25 (100)	0:30	1	-	-	1:00:50	4	9:51	19.3
□□	0:24	1	-	-	1:01:14	4	9:46	19.0