



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Ivbule, Ieva

□□: Sēlijas Mežs

□□□: 1:01:05

□□□□: 12:00 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -18E

□□□□□: 7(of 12)

□□□□□□□: 36:38

□□: 24:27

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	3:56	6	1:36	68.6	3:56	6	1:36	68.6
2 (59)	1:21	4	0:10	14.1	5:17	5	1:45	49.5
3 (60)	1:39	10	0:22	28.6	6:56	5	2:07	43.9
4 (61)	2:22	8	0:39	37.9	9:18	5	2:29	36.4
5 (62)	1:54	6	0:25	28.1	11:12	4	2:54	34.9
6 (63)	3:15	10	2:07	186.8	14:27	6	5:01	53.2
7 (64)	3:43	9	2:38	243.1	18:10	7	7:39	72.7
8 (65)	3:57	7	1:59	100.9	22:07	7	9:38	77.2
9 (66)	1:32	7	0:23	33.3	23:39	7	9:35	68.1
10 (67)	2:46	10	1:25	104.9	26:25	7	11:00	71.4
11 (68)	2:27	7	0:43	41.4	28:52	7	11:43	68.3
12 (43)	2:27	9	0:57	63.3	31:19	7	12:26	65.8
13 (70)	6:08	10	4:43	332.9	37:27	7	17:09	84.5
14 (71)	1:08	4	0:08	13.3	38:35	6	16:55	78.1
15 (72)	0:58	8	0:21	56.8	39:33	6	16:56	74.9
16 (73)	3:50	4	0:30	15.0	43:23	6	17:17	66.2
17 (74)	0:56	5	0:04	7.7	44:19	6	17:21	64.3
18 (75)	1:28	7	0:35	66.0	45:47	6	17:32	62.1
19 (76)	2:31	4	1:05	75.6	48:18	6	18:37	62.7
20 (77)	3:30	7	0:58	38.2	51:48	6	19:35	60.8
21 (53)	4:31	11	3:08	226.5	56:19	6	22:43	67.6
22 (79)	1:38	6	0:33	50.8	57:57	6	23:16	67.1
23 (80)	2:18	9	1:11	106.0	1:00:15	7	24:27	68.3
24 (100)	0:28	4	0:05	21.7	1:00:43	7	24:27	67.4
□□	0:22	4	0:03	15.8	1:01:05	7	24:27	66.7