



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

□□□□

Zuševica, Austra

□□: Kāpa OK

□□□: 1:03:06

□□□□: 12:23 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -18E

□□□□□: 8(of 12)

□□□□□□□: 36:38

□□: 26:28

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	3:03	4	0:43	30.7	3:03	4	0:43	30.7
2 (59)	1:15	3	0:04	5.6	4:18	3	0:46	21.7
3 (60)	1:32	7	0:15	19.5	5:50	3	1:01	21.1
4 (61)	2:08	5	0:25	24.3	7:58	3	1:09	16.9
5 (62)	1:48	5	0:19	21.4	9:46	3	1:28	17.7
6 (63)	2:51	8	1:43	151.5	12:37	3	3:11	33.8
7 (64)	4:06	10	3:01	278.5	16:43	6	6:12	59.0
8 (65)	3:02	6	1:04	54.2	19:45	6	7:16	58.2
9 (66)	3:10	10	2:01	175.4	22:55	6	8:51	62.9
10 (67)	2:19	8	0:58	71.6	25:14	6	9:49	63.7
11 (68)	2:18	4	0:34	32.7	27:32	6	10:23	60.5
12 (43)	2:10	7	0:40	44.4	29:42	6	10:49	57.3
13 (70)	7:37	11	6:12	437.7	37:19	6	17:01	83.8
14 (71)	1:24	8	0:24	40.0	38:43	7	17:03	78.7
15 (72)	1:13	9	0:36	97.3	39:56	7	17:19	76.6
16 (73)	4:45	7	1:25	42.5	44:41	7	18:35	71.2
17 (74)	1:11	10	0:19	36.5	45:52	7	18:54	70.1
18 (75)	3:40	11	2:47	315.1	49:32	9	21:17	75.3
19 (76)	2:42	5	1:16	88.4	52:14	9	22:33	76.0
20 (77)	3:30	7	0:58	38.2	55:44	8	23:31	73.0
21 (53)	2:06	8	0:43	51.8	57:50	8	24:14	72.1
22 (79)	2:16	9	1:11	109.2	1:00:06	8	25:25	73.3
23 (80)	2:04	6	0:57	85.1	1:02:10	8	26:22	73.7
24 (100)	0:32	8	0:09	39.1	1:02:42	8	26:26	72.9
□□	0:24	9	0:05	26.3	1:03:06	8	26:28	72.3