



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

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Blinova, Ekaterina

□□: Belie Nochi

□□□: 57:06

□□□□: 11:13 min/km

□□: 5.09 km / 24 □□

□□□□:

Women -20E

□□□□□: 6(of 7)

□□□□□□□: 37:53

□□: 19:13

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (58)	4:26	6	2:20	111.1	4:26	6	2:20	111.1
2 (59)	1:00	2	0:03	5.3	5:26	4	2:10	66.3
3 (60)	1:14	4	0:06	8.8	6:40	4	2:15	50.9
4 (61)	3:15	6	1:40	105.3	9:55	4	3:55	65.3
5 (62)	3:11	4	1:48	130.1	13:06	4	5:43	77.4
6 (63)	1:28	4	0:19	27.5	14:34	4	6:01	70.4
7 (64)	1:09	1	-	-	15:43	3	5:53	59.8
8 (65)	2:08	5	0:16	14.3	17:51	3	6:09	52.6
9 (66)	5:42	7	4:34	402.9	23:33	4	7:14	44.3
10 (67)	2:41	7	1:27	117.6	26:14	5	7:56	43.4
11 (68)	2:02	4	0:27	28.4	28:16	4	8:23	42.2
12 (43)	4:51	6	3:16	206.3	33:07	5	11:39	54.3
13 (70)	1:31	3	0:06	7.1	34:38	5	11:39	50.7
14 (71)	1:14	5	0:21	39.6	35:52	5	12:00	50.3
15 (72)	1:06	6	0:34	106.3	36:58	5	12:34	51.5
16 (73)	5:43	6	2:48	96.0	42:41	6	15:22	56.3
17 (74)	1:11	7	0:23	47.9	43:52	6	15:45	56.0
18 (75)	1:30	7	0:47	109.3	45:22	6	16:20	56.3
19 (76)	1:38	3	0:19	24.1	47:00	6	16:39	54.9
20 (77)	3:32	7	0:53	33.3	50:32	6	17:32	53.1
21 (53)	1:49	3	0:15	16.0	52:21	6	17:22	49.6
22 (79)	1:32	3	0:31	50.8	53:53	6	17:53	49.7
23 (80)	2:24	6	1:15	108.7	56:17	6	19:08	51.5
24 (100)	0:27	3	0:02	8.0	56:44	6	19:10	51.0
□□	0:22	3	0:03	15.8	57:06	6	19:13	50.7