



9. Schlaubetalmarathon

Eisenhüttenstadt / 17.10.2015

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Malig, Ralf

□□: Bowlingclub Senftenberg

□□: 600

□□: 43.00 km

Schlaubetal-Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:41:45

□□: 11.63 km/h

□□□□□/□□□: 19 (of 105)

□□□□□/□: 19 (of 81)

□□□□□□: 2:58:33

□□□□□: 4(of 18)

□□□□□□□: 3:05:44

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	11.60	56:13	11.74	3	8:31	14	9:37	11.60	56:13	11.74	3	8:31	14	9:37
□□ 2	9.90	52:05	10.37	4	8:19	20	9:08	21.50	1:48:18	11.63	4	16:50	18	18:31
□□ 3	11.10	1:01:15	10.78	4	11:21	19	12:49	32.60	2:49:33	11.32	4	28:11	18	31:20
□□□ Inselhalle	10.40	52:12	11.49	4	7:50	17	11:52	43.00	3:41:45	11.63	4	36:01	19	43:12