



9. Schlaubetalmarathon

Eisenhüttenstadt / 17.10.2015

□□□□

Nauck, Heike

□□: BSG Stahl Eisenhüttenstadt
 □□: 642

□□: 43.00 km
 Schlaubetal-Marathon

□□□□:
 Seniorinnen W45 (45-49 Jahre)

□□□: 4:20:53

□□: 9.89 km/h

□□□□□/□□□: 54 (of 105)

□□□□□/□: 8 (of 24)

□□□□□□: 3:53:28

□□□□□: 4(of 7)

□□□□□□□: 3:53:28

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□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|----------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| □□ 1 | 11.60 | 1:04:57 | 10.16 | 3 | 5:19 | 6 | 5:19 | 11.60 | 1:04:57 | 10.16 | 3 | 5:19 | 6 | 5:19 |
| □□ 2 | 9.90 | 59:23 | 9.09 | 3 | 5:28 | 4 | 5:28 | 21.50 | 2:04:20 | 10.13 | 3 | 10:47 | 5 | 10:47 |
| □□ 3 | 11.10 | 1:12:55 | 9.05 | 4 | 7:23 | 9 | 7:23 | 32.60 | 3:17:15 | 9.73 | 3 | 18:10 | 7 | 18:10 |
| □□□ Inselhalle | 10.40 | 1:03:38 | 9.43 | 5 | 9:15 | 10 | 9:50 | 43.00 | 4:20:53 | 9.89 | 4 | 27:25 | 8 | 27:25 |