

9. Schlaubetalmarathon 9. Schlaubetallilaration Eisenhüttenstadt / 17.10.2015



Röhl, Jana □□□: 4:24:20 □□: Güstrow □□: 9.76 km/h

□□: 667

Schlaubetal-Marathon

_____: 58 (of 105) □□: 43.00 km

□□□□/□: 9 (of 24) □□□□□□: 3:53:28

[][]: 1(of 2) ____: 4:24:20 Seniorinnen W35 (35-39 Jahre)

	km		km/h	-	-			km		km/h	-	-		
□ □ 1	11.60	1:13:31	8.98	2	5:18	17	13:53	11.60	1:13:31	8.98	2	5:18	17	13:53
□□ 2	9.90	1:05:02	8.30	2	2:01	12	11:07	21.50	2:18:33	9.09	2	7:19	13	25:00
<u> </u>	11.10	1:09:34	9.49	1	-	5	4:02	32.60	3:28:07	9.23	1	-	10	29:02
<pre>Inselhalle</pre>	10.40	56:13	10.67	1	-	3	2:25	43.00	4:24:20	9.76	1	-	9	30:52