



Deutschmann, Carsten

□□: Team FRANKENWILD

□□: 100

□□: 100.22 km

Einzellauf

Senioren M40 (40-44 Jahre)

□□□: 13:51:39

□□: 7.21 km/h

□□□□: 8:18 min/km

\_\_\_\_\_: 87 (of 246)

\_\_\_\_/\_: 81 (of 215)

[][][][]: 8:53:45

\_\_\_\_: 12(of 31)

0000000: 10:44:38

	km		min/km	-	-			km		min/km	-	-		
Glasbachwiese	27.39	3:18:51	7:15	17	59:50	101	1:07:54	27.39	3:18:51	7:15	17	59:50	101	1:07:54
Floh-Seligenthal	27.74	3:30:00	7:34	17	1:00:01	110	1:08:20	55.13	6:48:51	7:24	16	1:59:51	109	2:16:14
Finsterbergen	22.03	3:36:18	9:49	13	1:07:28	89	1:46:44	77.16	10:25:09	8:06	16	2:51:57	99	3:40:46
Fröttstätt	23.06	3:26:30	8:57	8	42:05	41	1:17:08	100.22	13:51:39	8:17	12	3:07:01	81	4:57:54