

4. Charity Triathlon Büdingen Büdingen / 31.05.2015



Mission IM Possible

□□: 22.53 km/h

□□: **7**

□□: 49.05 km

[][][]: 1:51:39

____: _____: 2(of 8)

Staffel Olympische Distanz

	km		min/km	-	-			km		min/km	-	-		
Schwimmen	1.05	20:13	19:15	3	4:01	3	4:01	1.05	20:13	19:15	3	4:01	3	4:01
Rad	38.00	1:09:54	1:50	4	13:53	4	13:53	39.05	1:30:07	2:18	3	17:54	3	17:54
Lauf	10.00	40:22	4:02	2	0:56	2	0:56	49.05	2:10:29	2:39	2	18:50	2	18:50