



4. Charity Triathlon Bidingen

Bidingen / 31.05.2015

0000

Maidorn, Hartmut

000: 2:32:10

00: Buseck

00: 70

00: 49.05 km

Olympische Distanz (1,05-38.0-10,0 km)

00000/000: 54 (of 78)

00000/0: 50 (of 65)

000000: 1:48:01

0000:

Senioren 4 MK55

00000: 4(of 5)

0000000: 2:20:02

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen	1.05	28:11	26:50	5	5:30	64	17:00	1.05	28:11	26:50	5	5:30	66	17:00
Rad	38.00	1:13:30	1:56	4	7:02	43	15:19	39.05	1:41:41	2:36	4	10:16	55	28:10
Lauf	10.00	50:29	5:02	3	1:55	40	17:06	49.05	2:32:10	3:06	4	12:08	50	44:09