



4. Charity Triathlon Büdingen

Büdingen / 31.05.2015

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Rusche, Patrizia

□□□: 2:06:57

□□: Frankfurt am Main

□□: 191

□□: 37.25 km

Power-Distanz (0,75-29,0-7,5 km)

□□□□□/□□□: 31 (of 39)

□□□□□/□: 5 (of 9)

□□□□□□: 1:49:31

□□□□:

Seniorinnen 2 WK45

□□□□□: 1(of 1)

□□□□□□□: 2:06:57

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|-----------|-------|---------|--------|----|----|----|------|-------|---------|--------|----|----|----|-------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| Schwimmen | 0.75 | 21:19 | 28:25 | 1 | - | 9 | 7:48 | 0.75 | 21:19 | 28:25 | 1 | - | 9 | 7:48 |
| Rad | 29.00 | 1:02:31 | 2:09 | 1 | - | 4 | 4:58 | 29.75 | 1:23:50 | 2:49 | 1 | - | 5 | 12:17 |
| Lauf | 7.50 | 43:07 | 5:44 | 1 | - | 4 | 5:09 | 37.25 | 2:06:57 | 3:24 | 1 | - | 5 | 17:26 |