

4. Charity Triathlon Büdingen Büdingen / 31.05.2015



Linzel, Martin

□□: R.V. Germania 1911 Jügesheim

[]: 325

☐: 25.55 km ☐☐☐☐☐☐: 22 (of 76)

Jedermann-Triathlon (0,55-20,0-5,0 km) ☐☐☐☐☐☐: 22 (of 61)

____: **59:01**

 Description:
 Description:
 5(of 13)

 Senioren 3 MK50
 Description:
 1:04:28

	km		min/km	-	-			km		min/km	-	-		
Schwimmen	0.55	11:20	20:36	5	1:22	19	3:40	0.55	11:20	20:36	5	1:22	20	3:40
Rad	20.00	39:22	1:58	6	5:16	26	17:27	20.55	50:42	2:28	6	6:38	62	17:53
Lauf	5.00	24:47	4:57	6	4:23	24	6:01	25.55	1:15:29	2:57	5	11:01	23	20:51