

4. Charity Triathlon Büdingen Büdingen / 31.05.2015



Semmler, Torben

□□□: 2:14:16

□□: Göllner Gruppe Triathlon Team

□□: 11

□: 49.05 km □□□□/□□: 17 (of 78)

Männer AK2

	km		min/km	-	-			km		min/km	-	-		
Schwimmen	1.05	22:30	21:25	6	5:36	40	11:19	1.05	22:30	21:25	6	5:36	40	11:19
Rad	38.00	1:07:13	1:46	4	4:19	17	9:02	39.05	1:29:43	2:17	6	9:55	66	16:12
Lauf	10.00	44:33	4:27	3	3:14	15	11:10	49.05	2:14:16	2:44	4	13:09	17	26:15