



# 4. Charity Triathlon Bidingen

Bidingen / 31.05.2015

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Landsmann, Christian

000: 2:24:37

00: TV Windecken

00: 21

00: 49.05 km

Olympische Distanz (1,05-38.0-10,0 km)

00000/000: 40 (of 78)

00000/0: 39 (of 65)

000000: 1:48:01

0000:

Männer AK4

00000: 7(of 8)

0000000: 2:02:32

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen	1.05	25:46	24:32	7	7:25	59	14:35	1.05	25:46	24:32	7	7:25	59	14:35
Rad	38.00	1:07:35	1:46	4	4:22	18	9:24	39.05	1:33:21	2:23	5	9:21	66	19:50
Lauf	10.00	51:16	5:07	7	12:45	43	17:53	49.05	2:24:37	2:56	7	22:05	39	36:36