



4. Charity Triathlon Büdingen

Büdingen / 31.05.2015

0000

Sperling, Ralf

000: 2:34:52

00: Saar-Pfalz-Team

00: 46

00: 49.05 km

00000/000: 58 (of 78)

Olympische Distanz (1,05-38.0-10,0 km)

00000/0: 53 (of 65)

000000: 1:48:01

0000:

00000: 11(of 12)

Senioren 2 MK45

0000000: 2:07:27

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen	1.05	25:36	24:22	12	6:20	58	14:25	1.05	25:36	24:22	12	6:20	58	14:25
Rad	38.00	1:15:32	1:59	11	10:04	48	17:21	39.05	1:41:08	2:35	13	14:43	66	27:37
Lauf	10.00	53:44	5:22	11	20:21	50	20:21	49.05	2:34:52	3:09	11	27:25	53	46:51