



8. Via Solutions Wartburg Staffel

Auf dem Pumpälzweg zur Wartburg und zurück / 20.09.2015

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Ohra-Energizers

□□□: 3:49:31

□□: Ohra-Energizers

□□: 14.04 km/h

□□: 9

□□□□: 4:16 min/km

□□: 53.70 km

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VIA SOLUTION Wartburg-Staffel-Lauf (5x11 km) □□□□□/□: 2 (of 13)

□□□□□□: 3:41:30

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□□□□□: 2(of 13)

Männerstaffel Lauf

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Gumpelstadt 1	10.50	56:50	5:24	11	15:29	11	15:29	10.50	56:50	5:24	11	15:29	11	15:29	
Gumpelstadt 2	10.90	39:21	3:36	1	-	1	-	21.40	1:36:11	4:29	3	9:42	3	9:42	
Hubertushaus	10.50	48:52	4:39	2	0:20	2	0:20	31.90	2:25:03	4:32	2	10:02	2	10:02	
Wartburg	10.90	37:15	3:25	1	-	1	-	42.80	3:02:18	4:15	2	5:08	2	5:08	
Hubertushaus	11.60	47:13	4:04	2	2:53	2	2:53	53.70	3:49:31	4:16	2	8:01	2	8:01	