



8. Via Solutions Wartburg Staffel

Auf dem Pumpälzweg zur Wartburg und zurück / 20.09.2015

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LT Altensteiner Park 2

□□□: 5:57:46

□□: LT Altensteiner Park 2

□□: 9.01 km/h

□□: 8

□□□□: 6:40 min/km

□□: 53.70 km

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VIA SOLUTION Wartburg-Staffel-Lauf (5x11 km)

□□□□□/□: 13 (of 13)

□□□□□□: 3:41:30

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□□□□□: 13(of 13)

Männerstaffel Lauf

□□□□□□□: 3:41:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Gumpelstadt 1	10.50	1:12:18	6:53	13	30:57	13	30:57	10.50	1:12:18	6:53	14	30:57	14	30:57
Gumpelstadt 2	10.90	1:10:15	6:26	13	30:54	13	30:54	21.40	2:22:33	6:39	14	56:04	14	56:04
Hubertushaus	10.50	1:12:49	6:56	11	24:17	11	24:17	31.90	3:35:22	6:45	14	1:20:21	14	1:20:21
Wartburg	10.90	1:14:58	6:52	12	37:43	12	37:43	42.80	4:50:20	6:47	14	1:53:10	14	1:53:10
Hubertushaus	11.60	1:07:26	5:48	11	23:06	11	23:06	53.70	5:57:46	6:39	13	2:16:16	13	2:16:16