



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

0000

Landwehr, Matthias

000: 19:43:13

00: LG Mauerweg / LC Solbad Ravensberg / LG DUV00: 8.16 km/h

00: 225

0000: 7:19 min/km

00: 161.90 km

00000/000: 26 (of 319)

100MeilenBerlin

00000/0: 22 (of 257)

000000: 15:20:48

0000:

00000: 8(of 59)

Senioren M45 (45-49 Jahre)

0000000: 17:12:46

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000	00 km	00 00 min/km	00 -	00 -	00 0	00 0	000 km	000 00 min/km	00 -	00 -	00 0	00 0	
VP1 - Brandenbu	7.30	46:33	6:22	26	11:42	93	7.30	46:33	6:22	26	11:42	93	13:16
VP2 - East Side C	6.46	45:11	6:59	38	15:05	146	13.76	1:31:44	6:40	32	26:40	121	28:06
VP3 - Dammweg	5.90	39:55	6:45	32	12:20	115	19.66	2:11:39	6:41	31	38:58	119	38:58
VP4 - Johannisth	5.64	37:51	6:42	27	11:16	94	25.30	2:49:30	6:41	30	50:14	112	50:14
VP5 - U-Bahnhof	5.90	38:54	6:35	21	10:00	68	31.20	3:28:24	6:40	29	59:52	98	59:52
VP6 - Buckow	4.92	38:00	7:43	39	13:22	144	36.12	4:06:24	6:49	30	1:13:14	104	1:13:14
VP7 - Kirchhainer	6.17	40:57	6:38	16	9:53	48	42.29	4:47:21	6:47	29	1:23:07	95	1:23:07
VP8 - Lichtenradi	4.37	27:48	6:21	14	5:43	43	46.66	5:15:09	6:45	26	1:28:50	90	1:28:50
VP9 - Osdorfer St	5.71	36:25	6:22	12	6:53	42	52.37	5:51:34	6:42	22	1:35:43	80	1:35:43
VP10 - Sportplatz	6.50	51:17	7:53	18	16:27	64	58.87	6:42:51	6:50	22	1:52:10	74	1:52:10
VP11 - Königswe	6.22	44:16	7:07	7	9:11	29	65.09	7:27:07	6:52	20	1:54:54	63	1:54:54
VP12 - Gedenkst	6.85	50:34	7:22	10	10:01	34	71.94	8:17:41	6:55	19	2:02:56	62	2:02:56
VP13 - Brauhaus	6.88	52:59	7:42	13	10:30	40	78.82	9:10:40	6:59	17	2:12:15	56	2:12:15
VP14 - Revierförs	5.70	42:37	7:28	7	8:17	23	84.52	9:53:17	7:01	15	2:20:32	50	2:20:32
VP15 - Schloss S	6.24	53:28	8:34	11	14:14	32	90.76	10:46:45	7:07	12	2:34:46	43	2:34:46
VP16 - Pagel & Fi	7.60	54:55	7:13	5	6:42	14	98.36	11:41:40	7:08	12	2:41:28	36	2:41:28
VP17 - Karolinenl	4.91	35:31	7:14	7	3:50	19	103.27	12:17:11	7:08	11	2:44:02	33	2:45:36
VP18 - Falkensee	6.60	50:01	7:34	8	7:30	28	109.87	13:07:12	7:09	11	2:47:14	32	2:56:17
VP19 - Schönwal	5.95	46:58	7:53	10	8:47	23	115.82	13:54:10	7:12	10	2:52:13	30	3:07:59
VP20 - Grenzturn	7.60	59:23	7:48	9	12:22	24	123.42	14:53:33	7:14	10	2:55:41	31	3:24:11
VP21 - Ruderclub	4.78	33:09	6:56	2	0:39	5	128.20	15:26:42	7:13	10	2:50:27	29	3:30:05
VP22 - Frohnau	4.07	34:20	8:26	10	7:11	30	132.27	16:01:02	7:15	10	2:56:26	29	3:39:50
VP23 - Naturschu	6.61	51:19	7:45	10	4:34	19	138.88	16:52:21	7:17	9	2:59:06	27	3:50:03
VP24 - Oranienbu	4.98	41:35	8:21	9	9:14	25	143.86	17:33:56	7:19	9	3:00:12	27	4:00:57
VP25 - Laufftreff l	5.34	41:02	7:41	6	11:05	14	149.20	18:14:58	7:20	9	2:50:39	24	4:09:09
VP26 - Wilhelmsr	5.72	36:07	6:18	2	2:35	6	154.92	18:51:05	7:18	8	2:35:11	22	4:12:38
VP27 - Wollankst	3.02	22:30	7:27	4	4:08	11	157.94	19:13:35	7:18	8	2:26:20	23	11:42:26
Friedrich-Ludwig	3.96	29:38	7:28	18	9:13	54	161.90	19:43:13	7:18	8	2:30:27	22	4:22:25