



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Cottbuser Parkläufer

□□: Cottbuser Parkläufer

□□: 4015

□□: 161.90 km

100MeilenBerlin - 4er Staffel

□□□□:

4er Staffel

□□□: 19:09:29

□□: 8.40 km/h

□□□□: 7:06 min/km

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□□□□□□: 12:47:10

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VP1 - Brandenbu	7.30	38:41	5:17	13	9:26	13	9:26	7.30	38:41	5:17	13	9:26	13	9:26
VP2 - East Side C	6.46	36:38	5:40	19	9:51	19	9:51	13.76	1:15:19	5:28	17	19:17	17	19:17
VP3 - Dammweg	5.90	33:50	5:44	18	8:15	18	8:15	19.66	1:49:09	5:33	18	27:32	18	27:32
VP4 - Johannisth	5.64	31:46	5:37	16	7:05	16	7:05	25.30	2:20:55	5:34	19	34:03	19	34:03
VP5 - U-Bahnhof	5.90	35:40	6:02	17	10:20	17	10:20	31.20	2:56:35	5:39	18	44:23	18	44:23
VP6 - Buckow	4.92	33:51	6:52	25	12:08	25	12:08	36.12	3:30:26	5:49	18	56:16	18	56:16
VP7 - Kirchhainer	6.17	43:42	7:04	25	15:12	25	15:12	42.29	4:14:08	6:00	18	1:10:48	18	1:10:48
VP8 - Lichtenradi	4.37	31:00	7:05	28	10:44	28	10:44	46.66	4:45:08	6:06	20	1:21:32	20	1:21:32
VP9 - Osdorfer St	5.71	43:08	7:33	36	16:38	36	16:38	52.37	5:28:16	6:16	21	1:37:30	21	1:37:30
VP10 - Sportplatz	6.50	50:55	7:49	27	18:58	27	18:58	58.87	6:19:11	6:26	21	1:56:28	21	1:56:28
VP11 - Königsw	6.22	37:56	6:05	29	11:21	29	11:21	65.09	6:57:07	6:24	22	2:05:22	22	2:05:22
VP12 - Gedenkst	6.85	50:30	7:22	41	20:19	41	20:19	71.94	7:47:37	6:30	25	2:22:50	25	2:22:50
VP13 - Brauhaus	6.88	54:44	7:57	38	24:01	38	24:01	78.82	8:42:21	6:37	26	2:42:39	26	2:42:39
VP14 - Revierförs	5.70	53:07	9:19	47	26:20	47	26:20	84.52	9:35:28	6:48	29	3:04:35	29	3:04:35
VP15 - Schloss S	6.24	1:18:38	12:36	51	50:10	51	50:10	90.76	10:54:06	7:12	37	3:50:17	37	3:50:17
VP16 - Pagel & Fi	7.60	46:42	6:08	30	14:36	30	14:36	98.36	11:40:48	7:07	37	4:04:53	37	4:04:53
VP17 - Karolinenl	4.91	30:00	6:06	27	8:44	27	8:44	103.27	12:10:48	7:04	37	4:13:37	37	4:13:37
VP18 - Falkensee	6.60	40:57	6:12	24	11:18	24	11:18	109.87	12:51:45	7:01	35	4:24:55	35	4:24:55
VP19 - Schönwal	5.95	37:29	6:17	22	10:39	22	10:39	115.82	13:29:14	6:59	34	4:35:34	34	4:35:34
VP20 - Grenzturn	7.60	49:21	6:29	17	12:32	17	12:32	123.42	14:18:35	6:57	33	4:36:28	33	4:36:28
VP21 - Ruderclub	4.78	32:46	6:51	24	13:32	24	13:32	128.20	14:51:21	6:57	31	4:46:17	31	4:46:17
VP22 - Frohnau	4.07	29:56	7:21	41	13:10	41	13:10	132.27	15:21:17	6:57	31	4:55:34	31	4:55:34
VP23 - Naturschu	6.61	47:35	7:11	38	19:32	38	19:32	138.88	16:08:52	6:58	31	5:08:33	31	5:08:33
VP24 - Oranienbu	4.98	38:08	7:39	38	16:33	38	16:33	143.86	16:47:00	6:59	32	5:21:42	32	5:21:42
VP25 - Laufftreff l	5.34	40:22	7:33	40	40:02	40	40:02	149.20	17:27:22	7:01	32	5:36:56	32	5:36:56
VP26 - Wilhelmsr	5.72	43:54	7:40	39	22:42	39	22:42	154.92	18:11:16	7:02	34	5:55:31	34	5:55:31
VP27 - Wollankst	3.02	26:44	8:51	30	12:21	30	12:21	157.94	18:38:00	7:04	34	6:07:52	34	6:07:52
Friedrich-Ludwig	3.96	31:29	7:57	38	18:08	38	18:08	161.90	19:09:29	7:05	35	6:22:19	35	6:22:19