



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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SCL Inklusionsstaffel 2

□□: SCL Inklusionsstaffel 2

□□: 4036

□□: 161.90 km

100MeilenBerlin - 4er Staffel

□□□□:

4er Staffel

□□□: 19:26:57

□□: 8.28 km/h

□□□□: 7:13 min/km

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□□□□□□: 12:47:10

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VP1 - Brandenbu	7.30	45:52	6:16	40	16:37	40	16:37	7.30	45:52	6:16	40	16:37	40	16:37
VP2 - East Side G	6.46	43:47	6:46	42	17:00	42	17:00	13.76	1:29:39	6:30	40	33:37	40	33:37
VP3 - Dammweg	5.90	38:54	6:35	38	13:19	38	13:19	19.66	2:08:33	6:32	39	46:56	39	46:56
VP4 - Johannisth	5.64	40:57	7:15	42	16:16	42	16:16	25.30	2:49:30	6:41	42	1:02:38	42	1:02:38
VP5 - U-Bahnhof	5.90	47:13	8:00	48	21:53	48	21:53	31.20	3:36:43	6:56	41	1:24:31	41	1:24:31
VP6 - Buckow	4.92	38:53	7:54	41	17:10	41	17:10	36.12	4:15:36	7:04	39	1:41:26	39	1:41:26
VP7 - Kirchhainer	6.17	48:43	7:53	36	20:13	36	20:13	42.29	5:04:19	7:11	38	2:00:59	38	2:00:59
VP8 - Lichtenradi	4.37	40:22	9:14	46	20:06	46	20:06	46.66	5:44:41	7:23	40	2:21:05	40	2:21:05
VP9 - Osdorfer St	5.71	39:36	6:56	28	13:06	28	13:06	52.37	6:24:17	7:20	38	2:33:31	38	2:33:31
VP10 - Sportplatz	6.50	53:02	8:09	31	21:05	31	21:05	58.87	7:17:19	7:25	37	2:54:36	37	2:54:36
VP11 - Königsw	6.22	39:57	6:25	36	13:22	36	13:22	65.09	7:57:16	7:19	39	3:05:31	39	3:05:31
VP12 - Gedenkst	6.85	50:06	7:18	39	19:55	39	19:55	71.94	8:47:22	7:19	40	3:22:35	40	3:22:35
VP13 - Brauhaus	6.88	58:16	8:28	44	27:33	44	27:33	78.82	9:45:38	7:25	41	3:45:56	41	3:45:56
VP14 - Revierförs	5.70	37:04	6:30	19	10:17	19	10:17	84.52	10:22:42	7:22	40	3:51:49	40	3:51:49
VP15 - Schloss S	6.24	36:06	5:47	8	7:38	8	7:38	90.76	10:58:48	7:15	39	3:54:59	39	3:54:59
VP16 - Pagel & Fi	7.60	51:33	6:46	38	19:27	38	19:27	98.36	11:50:21	7:13	39	4:14:26	39	4:14:26
VP17 - Karolinenl	4.91	38:21	7:48	44	17:05	44	17:05	103.27	12:28:42	7:14	40	4:31:31	40	4:31:31
VP18 - Falkensee	6.60	52:37	7:58	43	22:58	43	22:58	109.87	13:21:19	7:17	41	4:54:29	41	4:54:29
VP19 - Schönwal	5.95	52:53	8:53	46	26:03	46	26:03	115.82	14:14:12	7:22	42	5:20:32	42	5:20:32
VP20 - Grenzturn	7.60	1:06:41	8:46	44	29:52	44	29:52	123.42	15:20:53	7:27	43	5:38:46	43	5:38:46
VP21 - Ruderclub	4.78	41:04	8:35	43	21:50	43	21:50	128.20	16:01:57	7:30	43	5:56:53	43	5:56:53
VP22 - Frohnau	4.07	23:25	5:45	24	6:39	24	6:39	132.27	16:25:22	7:26	42	5:59:39	42	5:59:39
VP23 - Naturschu	6.61	38:24	5:48	21	10:21	21	10:21	138.88	17:03:46	7:22	41	6:03:27	41	6:03:27
VP24 - Oranienbu	4.98	31:23	6:18	27	9:48	27	9:48	143.86	17:35:09	7:20	39	6:09:51	39	6:09:51
VP25 - Laufftreff l	5.34	32:40	6:07	23	32:20	23	32:20	149.20	18:07:49	7:17	38	6:17:23	38	6:17:23
VP26 - Wilhelmsr	5.72	33:55	5:55	23	12:43	23	12:43	154.92	18:41:44	7:14	37	6:25:59	37	6:25:59
VP27 - Wollankst	3.02	21:39	7:10	19	7:16	19	7:16	157.94	19:03:23	7:14	36	6:33:15	36	6:33:15
Friedrich-Ludwig	3.96	23:34	5:57	22	10:13	22	10:13	161.90	19:26:57	7:12	36	6:39:47	36	6:39:47