



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Neugebauer, Alfred

000: 21:06:05

00: Mr & Mrs Smith

00: 7.63 km/h

00: 275

0000: 7:49 min/km

00: 161.90 km

00000/000: 43 (of 319)

100MeilenBerlin

00000/0: 35 (of 257)

000000: 15:20:48

0000:

00000: 14(of 59)

Senioren M45 (45-49 Jahre)

0000000: 17:12:46

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Brandenbu	7.30	44:30	6:05	17	9:39	57	11:13	7.30	44:30	6:05	17	9:39	57	11:13
VP2 - East Side C	6.46	39:14	6:04	16	9:08	51	9:08	13.76	1:23:44	6:05	16	18:40	52	20:06
VP3 - Dammweg	5.90	36:13	6:08	14	8:38	55	8:38	19.66	1:59:57	6:06	16	27:16	52	27:16
VP4 - Johannisth	5.64	33:27	5:55	12	6:52	43	6:52	25.30	2:33:24	6:03	14	34:08	50	34:08
VP5 - U-Bahnhof	5.90	37:28	6:21	16	8:34	52	8:34	31.20	3:10:52	6:07	16	42:20	51	42:20
VP6 - Buckow	4.92	29:49	6:03	7	5:11	26	5:11	36.12	3:40:41	6:06	13	47:31	48	47:31
VP7 - Kirchhainer	6.17	39:23	6:22	13	8:19	39	8:19	42.29	4:20:04	6:08	13	55:50	47	55:50
VP8 - Lichtenradi	4.37	31:21	7:10	30	9:16	99	9:16	46.66	4:51:25	6:14	14	1:05:06	49	1:05:06
VP9 - Osdorfer St	5.71	35:00	6:07	11	5:28	33	5:28	52.37	5:26:25	6:13	14	1:10:34	47	1:10:34
VP10 - Sportplatz	6.50	46:10	7:06	12	11:20	33	11:20	58.87	6:12:35	6:19	14	1:21:54	47	1:21:54
VP11 - Königswe	6.22	1:00:00	9:38	38	24:55	168	25:50	65.09	7:12:35	6:38	13	1:40:22	50	1:40:22
VP12 - Gedenkst	6.85	51:48	7:33	15	11:15	43	13:25	71.94	8:04:23	6:43	12	1:49:38	46	1:49:38
VP13 - Brauhaus	6.88	1:03:09	9:10	33	20:40	114	24:29	78.82	9:07:32	6:56	15	2:09:07	53	2:09:07
VP14 - Revierförs	5.70	50:45	8:54	25	16:25	88	18:41	84.52	9:58:17	7:04	16	2:25:32	54	2:25:32
VP15 - Schloss S	6.24	1:07:07	10:45	30	27:53	97	30:36	90.76	11:05:24	7:19	17	2:53:25	59	2:53:25
VP16 - Pagel & Fi	7.60	1:00:16	7:55	10	12:03	30	16:33	98.36	12:05:40	7:22	16	3:05:28	54	3:05:28
VP17 - Karolinenl	4.91	38:53	7:55	12	7:12	39	10:26	103.27	12:44:33	7:24	16	3:11:24	50	3:12:58
VP18 - Falkensee	6.60	56:23	8:32	21	13:52	61	18:01	109.87	13:40:56	7:28	17	3:20:58	51	3:30:01
VP19 - Schönwal	5.95	49:43	8:21	15	11:32	37	14:27	115.82	14:30:39	7:31	15	3:28:42	46	3:44:28
VP20 - Grenzturn	7.60	1:04:47	8:31	14	17:46	43	21:36	123.42	15:35:26	7:34	14	3:37:34	43	4:06:04
VP21 - Ruderclub	4.78	54:15	11:20	26	21:45	89	27:00	128.20	16:29:41	7:43	14	3:53:26	45	4:33:04
VP22 - Frohnau	4.07	32:30	7:59	9	5:21	24	8:01	132.27	17:02:11	7:43	14	3:57:35	43	4:40:59
VP23 - Naturschu	6.61	1:03:25	9:35	20	16:40	64	23:46	138.88	18:05:36	7:49	14	4:12:21	42	5:03:18
VP24 - Oranienbu	4.98	42:50	8:36	10	10:29	26	13:04	143.86	18:48:26	7:50	14	4:14:42	40	5:15:27
VP25 - Laufftreff l	5.34	46:18	8:40	13	16:21	35	16:21	149.20	19:34:44	7:52	14	4:10:25	39	5:28:55
VP26 - Wilhelmsr	5.72	43:08	7:32	13	9:36	30	11:00	154.92	20:17:52	7:51	14	4:01:58	37	5:39:25
VP27 - Wollankst	3.02	24:58	8:16	11	6:36	30	15:23	157.94	20:42:50	7:52	14	3:55:35	38	13:11:41
Friedrich-Ludwig	3.96	23:15	5:52	3	2:50	9	2:50	161.90	21:06:05	7:49	14	3:53:19	35	5:45:17