



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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SCL Inklusionsstaffel 1

□□: SCL Inklusionsstaffel 1

□□: 10008

□□: 161.90 km

100MeilenBerlin - 10+ Staffel

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10er+ Staffel

□□□: 20:33:24

□□: 7.83 km/h

□□□□: 7:37 min/km

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□□□□□□: 11:04:37

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
VP1 - Brandenbu	7.30	44:31	6:05	21	15:21	21	15:21	7.30	44:31	6:05	21	15:21	21	15:21
VP2 - East Side G	6.46	40:59	6:20	19	14:26	19	14:26	13.76	1:25:30	6:12	21	29:20	21	29:20
VP3 - Dammweg	5.90	35:19	5:59	16	9:37	16	9:37	19.66	2:00:49	6:08	19	38:17	19	38:17
VP4 - Johannisth	5.64	34:22	6:05	19	13:06	19	13:06	25.30	2:35:11	6:08	19	51:23	19	51:23
VP5 - U-Bahnhof	5.90	35:28	6:00	18	11:53	18	11:53	31.20	3:10:39	6:06	17	1:03:16	17	1:03:16
VP6 - Buckow	4.92	35:11	7:09	21	15:05	21	15:05	36.12	3:45:50	6:15	19	1:18:21	19	1:18:21
VP7 - Kirchhainer	6.17	41:20	6:41	21	16:14	21	16:14	42.29	4:27:10	6:19	20	1:34:35	20	1:34:35
VP8 - Lichtenradi	4.37	29:17	6:42	18	12:27	18	12:27	46.66	4:56:27	6:21	20	1:45:18	20	1:45:18
VP9 - Osdorfer St	5.71	36:38	6:24	22	12:16	22	12:16	52.37	5:33:05	6:21	20	1:57:34	20	1:57:34
VP10 - Sportplatz	6.50	52:57	8:08	24	27:58	24	27:58	58.87	6:26:02	6:33	20	2:22:07	20	2:22:07
VP11 - Königsw	6.22	50:20	8:05	23	24:52	23	24:52	65.09	7:16:22	6:42	20	2:45:46	20	2:45:46
VP12 - Gedenkst	6.85	51:20	7:29	24	24:33	24	24:33	71.94	8:07:42	6:46	21	3:09:22	21	3:09:22
VP13 - Brauhaus	6.88	51:13	7:26	24	25:22	24	25:22	78.82	8:58:55	6:50	21	3:34:44	21	3:34:44
VP14 - Revierförs	5.70	46:59	8:14	23	24:12	23	24:12	84.52	9:45:54	6:55	21	3:58:56	21	3:58:56
VP15 - Schloss S	6.24	54:14	8:41	23	29:13	23	29:13	90.76	10:40:08	7:03	21	4:28:09	21	4:28:09
VP16 - Pagel & Fi	7.60	1:01:24	8:04	22	29:03	22	29:03	98.36	11:41:32	7:07	22	4:57:12	22	4:57:12
VP17 - Karolinenl	4.91	36:21	7:24	21	18:46	21	18:46	103.27	12:17:53	7:08	22	5:14:17	22	5:14:17
VP18 - Falkensee	6.60	37:31	5:41	12	13:00	12	13:00	109.87	12:55:24	7:03	21	5:20:49	21	5:20:49
VP19 - Schönwal	5.95	40:41	6:50	24	17:33	24	17:33	115.82	13:36:05	7:02	21	5:38:22	21	5:38:22
VP20 - Grenzturn	7.60	53:52	7:05	22	23:10	22	23:10	123.42	14:29:57	7:02	21	6:00:59	21	6:00:59
VP21 - Ruderclub	4.78	46:41	9:45	25	28:31	25	28:31	128.20	15:16:38	7:09	21	6:28:00	21	6:28:00
VP22 - Frohnau	4.07	38:14	9:23	25	21:43	25	21:43	132.27	15:54:52	7:13	22	6:49:43	22	6:49:43
VP23 - Naturschu	6.61	56:10	8:29	24	29:38	24	29:38	138.88	16:51:02	7:16	22	7:18:26	22	7:18:26
VP24 - Oranienbu	4.98	43:05	8:39	25	23:53	25	23:53	143.86	17:34:07	7:19	24	7:40:29	24	7:40:29
VP25 - Laufftreff l	5.34	50:37	9:28	25	30:44	25	30:44	149.20	18:24:44	7:24	24	8:10:07	24	8:10:07
VP26 - Wilhelmsr	5.72	50:43	8:51	24	29:50	24	29:50	154.92	19:15:27	7:27	24	8:38:48	24	8:38:48
VP27 - Wollankst	3.02	40:53	13:32	24	29:08	24	29:08	157.94	19:56:20	7:34	24	9:07:04	24	9:07:04
Friedrich-Ludwig	3.96	37:04	9:21	24	21:43	24	21:43	161.90	20:33:24	7:37	24	9:28:47	24	9:28:47