



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Leichsenring, Stefanie

□□: ErLe-Team Oberlausitz

□□: 174

□□: 161.90 km

100MeilenBerlin

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Seniorinnen W30 (30-34 Jahre)

□□□: 22:02:44

□□: 7.30 km/h

□□□□: 8:10 min/km

□□□□□/□□□□: 56 (of 319)

□□□□□/□: 10 (of 62)

□□□□□□: 17:03:32

□□□□□: 1(of 2)

□□□□□□□: 22:02:44

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Brandenbu	7.30	46:26	6:21	1	-	13	5:28	7.30	46:26	6:21	1	-	13	5:28
VP2 - East Side G	6.46	39:15	6:04	1	-	6	4:27	13.76	1:25:41	6:13	1	-	7	9:55
VP3 - Dammweg	5.90	34:43	5:53	1	-	7	3:46	19.66	2:00:24	6:07	1	-	6	13:41
VP4 - Johannisth	5.64	35:11	6:14	1	-	9	5:20	25.30	2:35:35	6:08	1	-	8	19:01
VP5 - U-Bahnhof	5.90	35:24	5:59	1	-	5	3:40	31.20	3:10:59	6:07	1	-	8	22:41
VP6 - Buckow	4.92	34:27	7:00	1	-	16	6:32	36.12	3:45:26	6:14	1	-	8	29:13
VP7 - Kirchhainer	6.17	40:49	6:36	1	-	11	5:28	42.29	4:26:15	6:17	1	-	8	34:41
VP8 - Lichtenradi	4.37	27:41	6:20	1	-	7	3:57	46.66	4:53:56	6:17	1	-	7	38:38
VP9 - Osdorfer St	5.71	37:18	6:31	1	-	9	5:16	52.37	5:31:14	6:19	1	-	8	42:56
VP10 - Sportplatz	6.50	43:06	6:37	1	-	6	6:40	58.87	6:14:20	6:21	1	-	8	48:47
VP11 - Königsw	6.22	50:58	8:11	1	-	21	14:02	65.09	7:05:18	6:32	1	-	8	57:31
VP12 - Gedenkst	6.85	59:31	8:41	1	-	25	18:31	71.94	8:04:49	6:44	1	-	10	1:12:42
VP13 - Brauhaus	6.88	52:50	7:40	1	-	11	9:33	78.82	8:57:39	6:49	1	-	9	1:18:40
VP14 - Revierförs	5.70	45:05	7:54	1	-	9	5:41	84.52	9:42:44	6:53	1	-	10	1:20:19
VP15 - Schloss S	6.24	56:24	9:02	1	-	12	16:09	90.76	10:39:08	7:02	1	-	9	1:36:28
VP16 - Pagel & Fi	7.60	1:06:26	8:44	1	-	15	13:46	98.36	11:45:34	7:10	1	-	9	1:50:14
VP17 - Karolinenl	4.91	38:24	7:49	1	-	7	7:06	103.27	12:23:58	7:12	1	-	9	1:57:20
VP18 - Falkensee	6.60	59:23	8:59	1	-	15	18:10	109.87	13:23:21	7:18	1	-	9	2:15:30
VP19 - Schönwal	5.95	55:26	9:18	1	-	14	17:37	115.82	14:18:47	7:24	1	-	9	2:27:32
VP20 - Grenzturn	7.60	1:18:57	10:23	1	-	25	30:32	123.42	15:37:44	7:35	1	-	10	2:58:04
VP21 - Ruderclub	4.78	50:20	10:31	1	-	16	17:26	128.20	16:28:04	7:42	1	-	10	3:15:30
VP22 - Frohnau	4.07	35:11	8:38	1	-	7	8:55	132.27	17:03:15	7:44	1	-	10	3:24:02
VP23 - Naturschu	6.61	1:03:25	9:35	1	-	13	17:21	138.88	18:06:40	7:49	1	-	10	3:40:56
VP24 - Oranienbu	4.98	47:24	9:31	1	-	12	13:44	143.86	18:54:04	7:52	1	-	10	3:54:40
VP25 - Laufftreff l	5.34	53:02	9:55	1	-	20	16:58	149.20	19:47:06	7:57	1	-	10	4:09:26
VP26 - Wilhelmsr	5.72	1:01:00	10:39	1	-	32	23:04	154.92	20:48:06	8:03	1	-	10	4:32:30
VP27 - Wollankst	3.02	35:04	11:36	1	-	25	13:40	157.94	21:23:10	8:07	1	-	10	4:44:02
Friedrich-Ludwig	3.96	39:34	9:59	1	-	29	17:23	161.90	22:02:44	8:10	1	-	10	4:59:12