



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Fenz, Hendrik

00: LG-Mauerweg Berlin

00: 246

00: 161.90 km

100MeilenBerlin

0000:

Senioren M55 (55-59 Jahre)

000: 22:14:55

00: 7.24 km/h

0000: 8:15 min/km

00000/0000: 63 (of 319)

00000/0: 52 (of 257)

000000: 15:20:48

00000: 6(of 32)

0000000: 16:39:21

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000	00 km	00 min/km	00 -	00 -	00	00	000 km	000 min/km	00 -	00 -	00	00	
VP1 - Brandenbu	7.30	46:18	6:20	8	6:37	82	7.30	46:18	6:20	8	6:37	82	13:01
VP2 - East Side C	6.46	40:54	6:19	10	6:36	64	13.76	1:27:12	6:20	10	13:13	83	23:34
VP3 - Dammweg	5.90	38:13	6:28	8	5:53	89	19.66	2:05:25	6:22	8	19:06	84	32:44
VP4 - Johannisth	5.64	38:17	6:47	11	8:17	107	25.30	2:43:42	6:28	9	27:23	87	44:26
VP5 - U-Bahnhof	5.90	40:26	6:51	10	8:41	88	31.20	3:24:08	6:32	9	36:04	88	55:36
VP6 - Buckow	4.92	32:24	6:35	8	4:45	64	36.12	3:56:32	6:32	8	40:17	79	1:03:22
VP7 - Kirchhainer	6.17	42:44	6:55	7	9:09	68	42.29	4:39:16	6:36	8	47:44	76	1:15:02
VP8 - Lichtenradi	4.37	31:07	7:07	11	7:27	93	46.66	5:10:23	6:39	8	55:11	79	1:24:04
VP9 - Osdorfer St	5.71	38:22	6:43	7	7:54	63	52.37	5:48:45	6:39	7	1:02:56	75	1:32:54
VP10 - Sportplatz	6.50	46:15	7:06	4	9:55	34	58.87	6:35:00	6:42	6	1:07:57	64	1:44:19
VP11 - Königswe	6.22	55:30	8:55	12	18:18	131	65.09	7:30:30	6:55	6	1:26:15	68	1:58:17
VP12 - Gedenkst	6.85	52:03	7:35	5	11:11	48	71.94	8:22:33	6:59	6	1:37:26	64	2:07:48
VP13 - Brauhaus	6.88	53:59	7:50	6	12:32	47	78.82	9:16:32	7:03	6	1:49:58	62	2:18:07
VP14 - Revierförs	5.70	45:43	8:01	5	11:17	42	84.52	10:02:15	7:07	6	2:01:15	59	2:29:30
VP15 - Schloss S	6.24	1:01:11	9:48	10	21:18	73	90.76	11:03:26	7:18	6	2:22:33	56	2:51:27
VP16 - Pagel & Fi	7.60	1:07:35	8:53	7	20:05	70	98.36	12:11:01	7:25	7	2:42:38	60	3:10:49
VP17 - Karolinenl	4.91	41:31	8:27	9	10:01	59	103.27	12:52:32	7:28	7	2:52:39	57	3:20:57
VP18 - Falkensee	6.60	56:44	8:35	9	14:02	65	109.87	13:49:16	7:32	8	3:06:41	56	3:38:21
VP19 - Schönwal	5.95	50:13	8:26	6	10:26	42	115.82	14:39:29	7:35	7	3:17:07	53	3:53:18
VP20 - Grenzturn	7.60	1:09:34	9:09	6	17:48	63	123.42	15:49:03	7:41	7	3:34:55	50	4:19:41
VP21 - Ruderclub	4.78	55:36	11:37	11	22:19	98	128.20	16:44:39	7:50	6	3:57:14	50	4:48:02
VP22 - Frohnau	4.07	39:28	9:41	8	11:03	75	132.27	17:24:07	7:53	6	4:08:17	50	5:02:55
VP23 - Naturschu	6.61	1:04:07	9:41	6	20:22	71	138.88	18:28:14	7:58	6	4:28:39	50	5:25:56
VP24 - Oranienbu	4.98	51:20	10:18	8	16:58	73	143.86	19:19:34	8:03	6	4:45:37	49	5:46:35
VP25 - Laufftreff l	5.34	54:15	10:09	9	15:52	80	149.20	20:13:49	8:08	6	5:01:29	50	6:08:00
VP26 - Wilhelmsr	5.72	51:24	8:59	8	15:55	83	154.92	21:05:13	8:10	6	5:17:24	51	6:26:46
VP27 - Wollankst	3.02	35:37	11:47	11	10:46	107	157.94	21:40:50	8:14	6	5:28:10	52	14:09:41
Friedrich-Ludwig	3.96	34:05	8:36	6	7:24	86	161.90	22:14:55	8:14	6	5:35:34	52	6:54:07