



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

0000

Kröger, Oliver

00: Buxtehude

00: 201

00: 161.90 km

100MeilenBerlin

0000:

Senioren M45 (45-49 Jahre)

000: 22:24:25

00: 7.19 km/h

0000: 8:18 min/km

00000/0000: 65 (of 319)

00000/0: 54 (of 257)

000000: 15:20:48

00000: 19(of 59)

0000000: 17:12:46

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Brandenbu	7.30	55:03	7:32	49	20:12	213	21:46	7.30	55:03	7:32	49	20:12	213	21:46
VP2 - East Side C	6.46	47:45	7:23	45	17:39	181	17:39	13.76	1:42:48	7:28	47	37:44	198	39:10
VP3 - Dammweg	5.90	46:10	7:49	51	18:35	210	18:35	19.66	2:28:58	7:34	48	56:17	202	56:17
VP4 - Johannisth	5.64	42:00	7:26	41	15:25	168	15:25	25.30	3:10:58	7:32	47	1:11:42	191	1:11:42
VP5 - U-Bahnhof	5.90	44:30	7:32	39	15:36	155	15:36	31.20	3:55:28	7:32	47	1:26:56	189	1:26:56
VP6 - Buckow	4.92	36:43	7:27	34	12:05	129	12:05	36.12	4:32:11	7:32	44	1:39:01	177	1:39:01
VP7 - Kirchhainer	6.17	46:00	7:27	30	14:56	109	14:56	42.29	5:18:11	7:31	39	1:53:57	159	1:53:57
VP8 - Lichtenradi	4.37	31:19	7:09	29	9:14	97	9:14	46.66	5:49:30	7:29	38	2:03:11	155	2:03:11
VP9 - Osdorfer St	5.71	41:59	7:21	32	12:27	118	12:27	52.37	6:31:29	7:28	38	2:15:38	151	2:15:38
VP10 - Sportplatz	6.50	55:59	8:36	23	21:09	79	21:09	58.87	7:27:28	7:36	36	2:36:47	132	2:36:47
VP11 - Königsw	6.22	46:10	7:25	12	11:05	42	12:00	65.09	8:13:38	7:35	35	2:41:25	118	2:41:25
VP12 - Gedenkst	6.85	51:40	7:32	14	11:07	42	13:17	71.94	9:05:18	7:34	32	2:50:33	108	2:50:33
VP13 - Brauhaus	6.88	51:56	7:32	11	9:27	34	13:16	78.82	9:57:14	7:34	30	2:58:49	97	2:58:49
VP14 - Revierförs	5.70	44:33	7:48	13	10:13	34	12:29	84.52	10:41:47	7:35	26	3:09:02	86	3:09:02
VP15 - Schloss S	6.24	52:04	8:20	9	12:50	26	15:33	90.76	11:33:51	7:38	24	3:21:52	77	3:21:52
VP16 - Pagel & Fi	7.60	1:02:27	8:13	14	14:14	40	18:44	98.36	12:36:18	7:41	23	3:36:06	71	3:36:06
VP17 - Karolinenl	4.91	40:02	8:09	15	8:21	47	11:35	103.27	13:16:20	7:42	21	3:43:11	68	3:44:45
VP18 - Falkensee	6.60	53:39	8:07	15	11:08	44	15:17	109.87	14:09:59	7:44	20	3:50:01	65	3:59:04
VP19 - Schönwal	5.95	52:25	8:48	17	14:14	55	17:09	115.82	15:02:24	7:47	19	4:00:27	61	4:16:13
VP20 - Grenzturn	7.60	1:09:31	9:08	20	22:30	62	26:20	123.42	16:11:55	7:52	18	4:14:03	60	4:42:33
VP21 - Ruderclub	4.78	49:23	10:19	19	16:53	63	22:08	128.20	17:01:18	7:57	17	4:25:03	56	5:04:41
VP22 - Frohnau	4.07	37:39	9:15	17	10:30	57	13:10	132.27	17:38:57	8:00	17	4:34:21	55	5:17:45
VP23 - Naturschu	6.61	1:05:20	9:53	24	18:35	75	25:41	138.88	18:44:17	8:05	17	4:51:02	56	5:41:59
VP24 - Oranienbu	4.98	48:16	9:41	19	15:55	54	18:30	143.86	19:32:33	8:09	18	4:58:49	55	5:59:34
VP25 - Laufftreff l	5.34	49:57	9:21	17	20:00	47	20:00	149.20	20:22:30	8:11	18	4:58:11	55	6:16:41
VP26 - Wilhelmsr	5.72	52:46	9:13	24	19:14	90	20:38	154.92	21:15:16	8:13	18	4:59:22	55	6:36:49
VP27 - Wollankst	3.02	32:00	10:35	22	13:38	78	22:25	157.94	21:47:16	8:16	20	5:00:01	57	14:16:07
Friedrich-Ludwig	3.96	37:09	9:22	25	16:44	111	16:44	161.90	22:24:25	8:18	19	5:11:39	54	7:03:37