



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

0000

Schäffer, Beat

000: 22:26:46

00: -

00: 7.17 km/h

00: 197

0000: 8:19 min/km

00: 161.90 km

00000/000: 67 (of 319)

100MeilenBerlin

00000/0: 56 (of 257)

000000: 15:20:48

0000:

00000: 5(of 31)

Senioren M40 (40-44 Jahre)

0000000: 15:20:48

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Brandenbu	7.30	41:28	5:40	6	1:51	25	8:11	7.30	41:28	5:40	6	1:51	25	8:11
VP2 - East Side G	6.46	37:36	5:49	5	3:18	35	7:30	13.76	1:19:04	5:44	5	5:04	23	15:26
VP3 - Dammweg	5.90	33:32	5:41	5	2:33	27	5:57	19.66	1:52:36	5:43	5	7:36	23	19:55
VP4 - Johannisth	5.64	33:24	5:55	6	4:28	42	6:49	25.30	2:26:00	5:46	6	12:04	27	26:44
VP5 - U-Bahnhof	5.90	36:32	6:11	6	5:56	44	7:38	31.20	3:02:32	5:51	6	18:00	30	34:00
VP6 - Buckow	4.92	31:07	6:19	8	4:53	46	6:29	36.12	3:33:39	5:54	6	22:53	32	40:29
VP7 - Kirchhainer	6.17	42:43	6:55	9	9:51	67	11:39	42.29	4:16:22	6:03	6	32:44	45	52:08
VP8 - Lichtenradi	4.37	30:58	7:05	12	7:45	88	8:53	46.66	4:47:20	6:09	6	40:29	46	1:01:01
VP9 - Osdorfer St	5.71	37:19	6:32	7	6:39	51	7:47	52.37	5:24:39	6:11	6	47:08	43	1:08:48
VP10 - Sportplatz	6.50	46:31	7:09	3	9:15	36	11:41	58.87	6:11:10	6:18	5	56:23	44	1:20:29
VP11 - Königsw	6.22	54:06	8:41	15	19:56	115	19:56	65.09	7:05:16	6:32	6	1:16:19	44	1:33:03
VP12 - Gedenkst	6.85	54:48	8:00	7	15:24	70	16:25	71.94	8:00:04	6:40	6	1:31:43	45	1:45:19
VP13 - Brauhaus	6.88	56:08	8:09	7	17:21	65	17:28	78.82	8:56:12	6:48	6	1:49:04	45	1:57:47
VP14 - Revierförs	5.70	49:10	8:37	9	15:21	71	17:06	84.52	9:45:22	6:55	6	2:04:25	46	2:12:37
VP15 - Schloss S	6.24	54:18	8:42	4	17:47	39	17:47	90.76	10:39:40	7:02	3	2:22:12	38	2:27:41
VP16 - Pagel & Fi	7.60	1:07:00	8:48	6	21:23	63	23:17	98.36	11:46:40	7:11	3	2:43:35	39	2:46:28
VP17 - Karolinenl	4.91	48:30	9:52	16	20:00	123	20:03	103.27	12:35:10	7:18	3	3:03:35	41	3:03:35
VP18 - Falkensee	6.60	58:35	8:52	6	19:15	71	20:13	109.87	13:33:45	7:24	4	3:22:50	46	3:22:50
VP19 - Schönwal	5.95	1:00:56	10:14	11	25:40	98	25:40	115.82	14:34:41	7:33	4	3:48:30	48	3:48:30
VP20 - Grenzturn	7.60	1:12:09	9:29	7	28:58	72	28:58	123.42	15:46:50	7:40	4	4:17:28	47	4:17:28
VP21 - Ruderclub	4.78	52:28	10:58	7	25:13	76	25:13	128.20	16:39:18	7:47	4	4:42:41	47	4:42:41
VP22 - Frohnau	4.07	41:11	10:07	10	16:36	94	16:42	132.27	17:20:29	7:51	4	4:59:17	48	4:59:17
VP23 - Naturschu	6.61	1:11:51	10:52	9	30:45	103	32:12	138.88	18:32:20	8:00	4	5:30:02	52	5:30:02
VP24 - Oranienbu	4.98	50:33	10:09	8	19:52	69	20:47	143.86	19:22:53	8:05	4	5:49:54	51	5:49:54
VP25 - Laufftreff l	5.34	54:31	10:12	9	21:41	82	24:34	149.20	20:17:24	8:09	5	6:11:35	52	6:11:35
VP26 - Wilhelmsr	5.72	52:50	9:14	14	20:12	91	20:42	154.92	21:10:14	8:11	5	6:31:47	53	6:31:47
VP27 - Wollankst	3.02	39:51	13:11	18	19:13	149	30:16	157.94	21:50:05	8:17	5	6:51:00	58	14:18:56
Friedrich-Ludwig	3.96	36:41	9:15	13	14:58	107	16:16	161.90	22:26:46	8:19	5	7:05:58	56	7:05:58