



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

0000

Hartmann, Michael

000: 22:30:42

00: Suedkreislaeufer.de

00: 7.15 km/h

00: 139

0000: 8:20 min/km

00: 161.90 km

00000/0000: 69 (of 319)

100MeilenBerlin

00000/0: 58 (of 257)

000000: 15:20:48

0000:

00000: 20(of 59)

Senioren M45 (45-49 Jahre)

0000000: 17:12:46

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Brandenbu	7.30	46:53	6:25	28	12:02	99	13:36	7.30	46:53	6:25	28	12:02	99	13:36
VP2 - East Side C	6.46	42:29	6:34	26	12:23	101	12:23	13.76	1:29:22	6:29	27	24:18	99	25:44
VP3 - Dammweg	5.90	36:16	6:08	15	8:41	57	8:41	19.66	2:05:38	6:23	22	32:57	85	32:57
VP4 - Johannisth	5.64	36:44	6:30	22	10:09	79	10:09	25.30	2:42:22	6:25	21	43:06	82	43:06
VP5 - U-Bahnhof	5.90	40:12	6:48	26	11:18	85	11:18	31.20	3:22:34	6:29	24	54:02	84	54:02
VP6 - Buckow	4.92	36:49	7:28	35	12:11	130	12:11	36.12	3:59:23	6:37	24	1:06:13	87	1:06:13
VP7 - Kirchhainer	6.17	46:04	7:27	31	15:00	110	15:00	42.29	4:45:27	6:44	27	1:21:13	92	1:21:13
VP8 - Lichtenradi	4.37	31:10	7:07	28	9:05	94	9:05	46.66	5:16:37	6:47	28	1:30:18	93	1:30:18
VP9 - Osdorfer St	5.71	43:08	7:33	37	13:36	134	13:36	52.37	5:59:45	6:52	29	1:43:54	98	1:43:54
VP10 - Sportplatz	6.50	56:20	8:40	26	21:30	84	21:30	58.87	6:56:05	7:04	26	2:05:24	89	2:05:24
VP11 - Königswe	6.22	45:48	7:21	11	10:43	39	11:38	65.09	7:41:53	7:05	24	2:09:40	81	2:09:40
VP12 - Gedenkst	6.85	52:47	7:42	18	12:14	55	14:24	71.94	8:34:40	7:09	23	2:19:55	79	2:19:55
VP13 - Brauhaus	6.88	55:51	8:07	17	13:22	58	17:11	78.82	9:30:31	7:14	22	2:32:06	74	2:32:06
VP14 - Revierförs	5.70	46:17	8:07	17	11:57	48	14:13	84.52	10:16:48	7:17	22	2:44:03	73	2:44:03
VP15 - Schloss S	6.24	54:11	8:40	14	14:57	38	17:40	90.76	11:10:59	7:23	20	2:59:00	65	2:59:00
VP16 - Pagel & Fi	7.60	58:36	7:42	7	10:23	20	14:53	98.36	12:09:35	7:25	18	3:09:23	58	3:09:23
VP17 - Karolinenl	4.91	40:29	8:14	16	8:48	50	12:02	103.27	12:50:04	7:27	17	3:16:55	55	3:18:29
VP18 - Falkensee	6.60	48:58	7:25	7	6:27	24	10:36	109.87	13:39:02	7:27	16	3:19:04	49	3:28:07
VP19 - Schönwal	5.95	44:42	7:30	6	6:31	16	9:26	115.82	14:23:44	7:27	14	3:21:47	44	3:37:33
VP20 - Grenzturn	7.60	1:26:54	11:26	38	39:53	140	43:43	123.42	15:50:38	7:42	16	3:52:46	52	4:21:16
VP21 - Ruderclub	4.78	59:02	12:21	28	26:32	110	31:47	128.20	16:49:40	7:52	16	4:13:25	53	4:53:03
VP22 - Frohnau	4.07	41:03	10:05	24	13:54	92	16:34	132.27	17:30:43	7:56	16	4:26:07	53	5:09:31
VP23 - Naturschu	6.61	50:58	7:42	9	4:13	18	11:19	138.88	18:21:41	7:55	16	4:28:26	48	5:19:23
VP24 - Oranienbu	4.98	53:27	10:43	25	21:06	92	23:41	143.86	19:15:08	8:01	16	4:41:24	47	5:42:09
VP25 - Laufftreff l	5.34	57:49	10:49	31	27:52	108	27:52	149.20	20:12:57	8:07	16	4:48:38	48	6:07:08
VP26 - Wilhelmsr	5.72	57:35	10:04	29	24:03	120	25:27	154.92	21:10:32	8:12	17	4:54:38	54	6:32:05
VP27 - Wollankst	3.02	36:06	11:57	27	17:44	115	26:31	157.94	21:46:38	8:16	18	4:59:23	55	14:15:29
Friedrich-Ludwig	3.96	44:04	11:07	34	23:39	162	23:39	161.90	22:30:42	8:20	20	5:17:56	58	7:09:54