



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Nentwig, Axel

000: 22:45:57

00: Nahelauf-Therapie

00: 7.07 km/h

00: 120

0000: 8:26 min/km

00: 161.90 km

00000/000: 72 (of 319)

100MeilenBerlin

00000/0: 60 (of 257)

000000: 15:20:48

0000:

00000: 21(of 59)

Senioren M45 (45-49 Jahre)

0000000: 17:12:46

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000

| 000 | 00 km | 00 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 km | 000 00 min/km | 00 - | 00 - | 00 0 | 00 0 | | |
|---------------------|-------|--------------|-------|------|-------|------|--------|---------------|----------|------|------|---------|-----|----------|
| VP1 - Brandenbu | 7.30 | 51:11 | 7:00 | 44 | 16:20 | 175 | 17:54 | 7.30 | 51:11 | 7:00 | 44 | 16:20 | 175 | 17:54 |
| VP2 - East Side C | 6.46 | 50:40 | 7:50 | 50 | 20:34 | 202 | 20:34 | 13.76 | 1:41:51 | 7:24 | 46 | 36:47 | 195 | 38:13 |
| VP3 - Dammweg | 5.90 | 40:57 | 6:56 | 36 | 13:22 | 135 | 13:22 | 19.66 | 2:22:48 | 7:15 | 46 | 50:07 | 184 | 50:07 |
| VP4 - Johannisth | 5.64 | 40:13 | 7:07 | 35 | 13:38 | 134 | 13:38 | 25.30 | 3:03:01 | 7:14 | 42 | 1:03:45 | 169 | 1:03:45 |
| VP5 - U-Bahnhof | 5.90 | 42:28 | 7:11 | 34 | 13:34 | 119 | 13:34 | 31.20 | 3:45:29 | 7:13 | 40 | 1:16:57 | 155 | 1:16:57 |
| VP6 - Buckow | 4.92 | 36:27 | 7:24 | 33 | 11:49 | 127 | 11:49 | 36.12 | 4:21:56 | 7:15 | 39 | 1:28:46 | 147 | 1:28:46 |
| VP7 - Kirchhainer | 6.17 | 46:23 | 7:31 | 34 | 15:19 | 114 | 15:19 | 42.29 | 5:08:19 | 7:17 | 37 | 1:44:05 | 140 | 1:44:05 |
| VP8 - Lichtenradi | 4.37 | 29:31 | 6:45 | 19 | 7:26 | 64 | 7:26 | 46.66 | 5:37:50 | 7:14 | 35 | 1:51:31 | 133 | 1:51:31 |
| VP9 - Osdorfer St | 5.71 | 38:53 | 6:48 | 20 | 9:21 | 71 | 9:21 | 52.37 | 6:16:43 | 7:11 | 34 | 2:00:52 | 126 | 2:00:52 |
| VP10 - Sportplatz | 6.50 | 56:03 | 8:37 | 24 | 21:13 | 81 | 21:13 | 58.87 | 7:12:46 | 7:21 | 31 | 2:22:05 | 107 | 2:22:05 |
| VP11 - Königswe | 6.22 | 47:20 | 7:36 | 15 | 12:15 | 50 | 13:10 | 65.09 | 8:00:06 | 7:22 | 31 | 2:27:53 | 104 | 2:27:53 |
| VP12 - Gedenkst | 6.85 | 52:51 | 7:42 | 19 | 12:18 | 56 | 14:28 | 71.94 | 8:52:57 | 7:24 | 28 | 2:38:12 | 96 | 2:38:12 |
| VP13 - Brauhaus | 6.88 | 1:00:43 | 8:49 | 26 | 18:14 | 91 | 22:03 | 78.82 | 9:53:40 | 7:31 | 28 | 2:55:15 | 92 | 2:55:15 |
| VP14 - Revierförs | 5.70 | 52:45 | 9:15 | 32 | 18:25 | 112 | 20:41 | 84.52 | 10:46:25 | 7:38 | 27 | 3:13:40 | 93 | 3:13:40 |
| VP15 - Schloss S | 6.24 | 1:02:51 | 10:04 | 26 | 23:37 | 79 | 26:20 | 90.76 | 11:49:16 | 7:48 | 28 | 3:37:17 | 87 | 3:37:17 |
| VP16 - Pagel & Fi | 7.60 | 1:14:27 | 9:47 | 33 | 26:14 | 119 | 30:44 | 98.36 | 13:03:43 | 7:58 | 28 | 4:03:31 | 90 | 4:03:31 |
| VP17 - Karolinenl | 4.91 | 41:57 | 8:32 | 19 | 10:16 | 64 | 13:30 | 103.27 | 13:45:40 | 7:59 | 27 | 4:12:31 | 88 | 4:14:05 |
| VP18 - Falkensee | 6.60 | 57:23 | 8:41 | 22 | 14:52 | 67 | 19:01 | 109.87 | 14:43:03 | 8:02 | 25 | 4:23:05 | 85 | 4:32:08 |
| VP19 - Schönwal | 5.95 | 52:44 | 8:51 | 20 | 14:33 | 59 | 17:28 | 115.82 | 15:35:47 | 8:04 | 24 | 4:33:50 | 80 | 4:49:36 |
| VP20 - Grenzturn | 7.60 | 1:03:49 | 8:23 | 13 | 16:48 | 39 | 20:38 | 123.42 | 16:39:36 | 8:05 | 23 | 4:41:44 | 74 | 5:10:14 |
| VP21 - Ruderclub | 4.78 | 47:06 | 9:51 | 15 | 14:36 | 51 | 19:51 | 128.20 | 17:26:42 | 8:09 | 22 | 4:50:27 | 71 | 5:30:05 |
| VP22 - Frohnau | 4.07 | 37:16 | 9:09 | 16 | 10:07 | 50 | 12:47 | 132.27 | 18:03:58 | 8:11 | 23 | 4:59:22 | 70 | 5:42:46 |
| VP23 - Naturschu | 6.61 | 1:04:33 | 9:45 | 23 | 17:48 | 73 | 24:54 | 138.88 | 19:08:31 | 8:16 | 21 | 5:15:16 | 67 | 6:06:13 |
| VP24 - Oranienbu | 4.98 | 56:33 | 11:21 | 30 | 24:12 | 116 | 26:47 | 143.86 | 20:05:04 | 8:22 | 22 | 5:31:20 | 68 | 6:32:05 |
| VP25 - Laufftreff l | 5.34 | 50:10 | 9:23 | 18 | 20:13 | 50 | 20:13 | 149.20 | 20:55:14 | 8:24 | 21 | 5:30:55 | 64 | 6:49:25 |
| VP26 - Wilhelmsr | 5.72 | 45:58 | 8:02 | 17 | 12:26 | 44 | 13:50 | 154.92 | 21:41:12 | 8:23 | 21 | 5:25:18 | 62 | 7:02:45 |
| VP27 - Wollankst | 3.02 | 34:16 | 11:20 | 26 | 15:54 | 102 | 24:41 | 157.94 | 22:15:28 | 8:27 | 21 | 5:28:13 | 63 | 14:44:19 |
| Friedrich-Ludwig | 3.96 | 30:29 | 7:41 | 21 | 10:04 | 62 | 10:04 | 161.90 | 22:45:57 | 8:26 | 21 | 5:33:11 | 60 | 7:25:09 |