



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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**Weiß, Hermann**

□□□: 23:07:14

□□: Lauffreunde Emsland

□□: 6.96 km/h

□□: 288

□□□□: 8:34 min/km

□□: 161.90 km

□□□□□/□□□: 80 (of 319)

100MeilenBerlin

□□□□□/□: 66 (of 257)

□□□□□□: 15:20:48

□□□□:

□□□□□: 11(of 50)

Senioren M50 (50-54 Jahre)

□□□□□□□: 15:44:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Brandenbu	7.30	39:51	5:27	3	2:50	15	6:34	7.30	39:51	5:27	3	2:50	15	6:34	
VP2 - East Side G	6.46	35:35	5:30	3	3:15	17	5:29	13.76	1:15:26	5:28	3	6:05	14	11:48	
VP3 - Dammweg	5.90	32:09	5:26	2	2:06	15	4:34	19.66	1:47:35	5:28	3	8:11	16	14:54	
VP4 - Johannisth	5.64	32:28	5:45	5	3:43	25	5:53	25.30	2:20:03	5:32	3	11:54	16	20:47	
VP5 - U-Bahnhof	5.90	37:32	6:21	9	6:31	53	8:38	31.20	2:57:35	5:41	4	18:25	22	29:03	
VP6 - Buckow	4.92	33:24	6:47	14	6:49	74	8:46	36.12	3:30:59	5:50	5	25:10	26	37:49	
VP7 - Kirchhainer	6.17	42:41	6:55	11	8:01	65	11:37	42.29	4:13:40	5:59	6	33:06	32	49:26	
VP8 - Lichtenradi	4.37	32:18	7:23	23	8:05	115	10:13	46.66	4:45:58	6:07	9	40:13	45	59:39	
VP9 - Osdorfer St	5.71	43:22	7:35	27	12:45	140	13:50	52.37	5:29:20	6:17	8	45:46	51	1:13:29	
VP10 - Sportplatz	6.50	54:49	8:26	15	18:16	76	19:59	58.87	6:24:09	6:31	11	52:38	54	1:33:28	
VP11 - Königsw	6.22	51:32	8:17	20	13:01	98	17:22	65.09	7:15:41	6:41	10	1:05:31	54	1:43:28	
VP12 - Gedenkst	6.85	55:19	8:04	12	16:56	76	16:56	71.94	8:11:00	6:49	10	1:22:27	55	1:56:15	
VP13 - Brauhaus	6.88	1:02:46	9:07	21	24:06	111	24:06	78.82	9:13:46	7:01	12	1:46:33	60	2:15:21	
VP14 - Revierförs	5.70	57:19	10:03	38	25:15	161	25:15	84.52	10:11:05	7:13	12	2:11:48	70	2:38:20	
VP15 - Schloss S	6.24	1:00:23	9:40	13	21:51	70	23:52	90.76	11:11:28	7:23	12	2:33:39	66	2:59:29	
VP16 - Pagel & Fi	7.60	1:09:24	9:07	19	25:41	82	25:41	98.36	12:20:52	7:31	12	2:59:20	64	3:20:40	
VP17 - Karolinenl	4.91	46:38	9:29	23	18:11	106	18:11	103.27	13:07:30	7:37	12	3:17:31	63	3:35:55	
VP18 - Falkensee	6.60	1:03:06	9:33	24	24:44	108	24:44	109.87	14:10:36	7:44	12	3:42:15	66	3:59:41	
VP19 - Schönwal	5.95	57:56	9:44	19	22:18	86	22:40	115.82	15:08:32	7:50	12	4:04:33	63	4:22:21	
VP20 - Grenzturn	7.60	1:14:04	9:44	17	28:49	83	30:53	123.42	16:22:36	7:57	12	4:33:22	65	4:53:14	
VP21 - Ruderclub	4.78	54:02	11:18	16	23:36	84	26:47	128.20	17:16:38	8:05	12	4:56:58	68	5:20:01	
VP22 - Frohnau	4.07	45:03	11:04	31	20:34	128	20:34	132.27	18:01:41	8:10	12	5:17:32	69	5:40:29	
VP23 - Naturschu	6.61	1:09:44	10:32	19	30:05	91	30:05	138.88	19:11:25	8:17	12	5:47:37	68	6:09:07	
VP24 - Oranienbu	4.98	52:51	10:36	16	21:04	88	23:05	143.86	20:04:16	8:22	12	6:08:41	67	6:31:17	
VP25 - Laufftreff l	5.34	54:35	10:13	19	22:43	84	24:38	149.20	20:58:51	8:26	11	6:31:24	68	6:53:02	
VP26 - Wilhelmsr	5.72	55:17	9:39	20	19:51	105	23:09	154.92	21:54:08	8:28	11	6:51:15	65	7:15:41	
VP27 - Wollankst	3.02	33:33	11:06	21	14:20	93	23:58	157.94	22:27:41	8:31	11	7:05:35	68	14:56:32	
Friedrich-Ludwig	3.96	39:33	9:59	27	17:39	126	19:08	161.90	23:07:14	8:34	11	7:23:14	66	7:46:26	