



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Wiederholungstätter

00: Wiederholungstätter

00: 4039

00: 161.90 km

100MeilenBerlin - 4er Staffel

0000:

4er Staffel

000: 22:16:04

00: 7.23 km/h

0000: 8:15 min/km

00000/0000: 47 (of 51)

00000/0000: 47 (of 51)

000000: 12:47:10

00000: 47(of 51)

0000000: 12:47:10

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	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
VP1 - Brandenbu	7.30	47:41	6:31	48	18:26	48	18:26	7.30	47:41	6:31	48	18:26	48	18:26
VP2 - East Side C	6.46	44:33	6:53	43	17:46	43	17:46	13.76	1:32:14	6:42	44	36:12	44	36:12
VP3 - Dammweg	5.90	42:00	7:07	47	16:25	47	16:25	19.66	2:14:14	6:49	45	52:37	45	52:37
VP4 - Johannisth	5.64	42:06	7:27	45	17:25	45	17:25	25.30	2:56:20	6:58	45	1:09:28	45	1:09:28
VP5 - U-Bahnhof	5.90	43:36	7:23	39	18:16	39	18:16	31.20	3:39:56	7:02	44	1:27:44	44	1:27:44
VP6 - Buckow	4.92	37:12	7:33	38	15:29	38	15:29	36.12	4:17:08	7:07	41	1:42:58	41	1:42:58
VP7 - Kirchhainer	6.17	55:46	9:02	46	27:16	46	27:16	42.29	5:12:54	7:23	44	2:09:34	44	2:09:34
VP8 - Lichtenradi	4.37	49:10	11:15	51	28:54	51	28:54	46.66	6:02:04	7:45	47	2:38:28	47	2:38:28
VP9 - Osdorfer St	5.71	46:31	8:08	42	20:01	42	20:01	52.37	6:48:35	7:48	46	2:57:49	46	2:57:49
VP10 - Sportplatz	6.50	1:06:07	10:10	50	34:10	50	34:10	58.87	7:54:42	8:03	47	3:31:59	47	3:31:59
VP11 - Königsw	6.22	38:44	6:13	33	12:09	33	12:09	65.09	8:33:26	7:53	46	3:41:41	46	3:41:41
VP12 - Gedenkst	6.85	43:16	6:18	29	13:05	29	13:05	71.94	9:16:42	7:44	45	3:51:55	45	3:51:55
VP13 - Brauhaus	6.88	45:31	6:36	28	14:48	28	14:48	78.82	10:02:13	7:38	44	4:02:31	44	4:02:31
VP14 - Revierförs	5.70	45:12	7:55	33	18:25	33	18:25	84.52	10:47:25	7:39	45	4:16:32	45	4:16:32
VP15 - Schloss S	6.24	51:31	8:15	40	23:03	40	23:03	90.76	11:38:56	7:42	45	4:35:07	45	4:35:07
VP16 - Pagel & Fi	7.60	1:00:49	8:00	48	28:43	48	28:43	98.36	12:39:45	7:43	45	5:03:50	45	5:03:50
VP17 - Karolinenl	4.91	38:42	7:52	45	17:26	45	17:26	103.27	13:18:27	7:43	45	5:21:16	45	5:21:16
VP18 - Falkensee	6.60	56:06	8:30	46	26:27	46	26:27	109.87	14:14:33	7:46	46	5:47:43	46	5:47:43
VP19 - Schönwal	5.95	55:35	9:20	48	28:45	48	28:45	115.82	15:10:08	7:51	46	6:16:28	46	6:16:28
VP20 - Grenzturn	7.60	1:07:37	8:53	45	30:48	45	30:48	123.42	16:17:45	7:55	46	6:35:38	46	6:35:38
VP21 - Ruderclub	4.78	55:43	11:39	50	36:29	50	36:29	128.20	17:13:28	8:03	47	7:08:24	47	7:08:24
VP22 - Frohnau	4.07	33:42	8:16	46	16:56	46	16:56	132.27	17:47:10	8:04	46	7:21:27	46	7:21:27
VP23 - Naturschu	6.61	1:03:13	9:33	48	35:10	48	35:10	138.88	18:50:23	8:08	48	7:50:04	48	7:50:04
VP24 - Oranienbu	4.98	48:04	9:39	45	26:29	45	26:29	143.86	19:38:27	8:11	47	8:13:09	47	8:13:09
VP25 - Laufftreff l	5.34	56:53	10:39	48	56:33	48	56:33	149.20	20:35:20	8:16	48	8:44:54	48	8:44:54
VP26 - Wilhelmsr	5.72	45:18	7:55	41	24:06	41	24:06	154.92	21:20:38	8:15	47	9:04:53	47	9:04:53
VP27 - Wollankst	3.02	30:01	9:56	36	15:38	36	15:38	157.94	21:50:39	8:17	47	9:20:31	47	9:20:31
Friedrich-Ludwig	3.96	25:25	6:25	28	12:04	28	12:04	161.90	22:16:04	8:15	47	9:28:54	47	9:28:54