



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Wilhelm, Tilo

□□□: 23:23:17

□□: Zuversicht für Kinder

□□: 6.88 km/h

□□: 153

□□□□: 8:40 min/km

□□: 161.90 km

□□□□□/□□□: 97 (of 319)

100MeilenBerlin

□□□□□/□: 82 (of 257)

□□□□□□: 15:20:48

□□□□:

□□□□□: 26(of 59)

Senioren M45 (45-49 Jahre)

□□□□□□□: 17:12:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Brandenbu	7.30	48:46	6:40	34	13:55	120	15:29	7.30	48:46	6:40	34	13:55	120	15:29	
VP2 - East Side G	6.46	49:33	7:40	49	19:27	196	19:27	13.76	1:38:19	7:08	43	33:15	175	34:41	
VP3 - Dammweg	5.90	44:15	7:29	45	16:40	193	16:40	19.66	2:22:34	7:15	45	49:53	182	49:53	
VP4 - Johannisth	5.64	42:53	7:36	43	16:18	178	16:18	25.30	3:05:27	7:19	45	1:06:11	181	1:06:11	
VP5 - U-Bahnhof	5.90	45:11	7:39	42	16:17	166	16:17	31.20	3:50:38	7:23	44	1:22:06	175	1:22:06	
VP6 - Buckow	4.92	38:37	7:50	41	13:59	155	13:59	36.12	4:29:15	7:27	41	1:36:05	165	1:36:05	
VP7 - Kirchhainer	6.17	51:10	8:17	39	20:06	168	20:06	42.29	5:20:25	7:34	41	1:56:11	163	1:56:11	
VP8 - Lichtenradi	4.37	36:20	8:18	45	14:15	183	14:15	46.66	5:56:45	7:38	41	2:10:26	166	2:10:26	
VP9 - Osdorfer St	5.71	39:39	6:56	22	10:07	82	10:07	52.37	6:36:24	7:34	40	2:20:33	162	2:20:33	
VP10 - Sportplatz	6.50	1:19:36	12:14	46	44:46	188	44:46	58.87	7:56:00	8:05	45	3:05:19	168	3:05:19	
VP11 - Königsw	6.22	52:48	8:29	31	17:43	107	18:38	65.09	8:48:48	8:07	43	3:16:35	163	3:16:35	
VP12 - Gedenkst	6.85	1:01:08	8:55	33	20:35	119	22:45	71.94	9:49:56	8:12	40	3:35:11	154	3:35:11	
VP13 - Brauhaus	6.88	58:27	8:29	24	15:58	87	19:47	78.82	10:48:23	8:13	39	3:49:58	142	3:49:58	
VP14 - Revierförs	5.70	52:24	9:11	31	18:04	108	20:20	84.52	11:40:47	8:17	38	4:08:02	141	4:08:02	
VP15 - Schloss S	6.24	1:14:57	12:00	37	35:43	138	38:26	90.76	12:55:44	8:32	38	4:43:45	141	4:43:45	
VP16 - Pagel & Fi	7.60	1:14:03	9:44	31	25:50	115	30:20	98.36	14:09:47	8:38	38	5:09:35	137	5:09:35	
VP17 - Karolinenl	4.91	46:08	9:23	27	14:27	102	17:41	103.27	14:55:55	8:40	36	5:22:46	134	5:24:20	
VP18 - Falkensee	6.60	59:47	9:03	27	17:16	79	21:25	109.87	15:55:42	8:41	36	5:35:44	134	5:44:47	
VP19 - Schönwal	5.95	47:20	7:57	11	9:09	24	12:04	115.82	16:43:02	8:39	36	5:41:05	128	5:56:51	
VP20 - Grenzturn	7.60	1:07:59	8:56	17	20:58	55	24:48	123.42	17:51:01	8:40	32	5:53:09	117	6:21:39	
VP21 - Ruderclub	4.78	51:37	10:47	21	19:07	73	24:22	128.20	18:42:38	8:45	32	6:06:23	114	6:46:01	
VP22 - Frohnau	4.07	38:19	9:24	18	11:10	60	13:50	132.27	19:20:57	8:46	31	6:16:21	111	6:59:45	
VP23 - Naturschu	6.61	55:55	8:27	13	9:10	27	16:16	138.88	20:16:52	8:45	31	6:23:37	101	7:14:34	
VP24 - Oranienbu	4.98	46:45	9:23	17	14:24	45	16:59	143.86	21:03:37	8:47	28	6:29:53	97	7:30:38	
VP25 - Laufftreff l	5.34	48:46	9:07	15	18:49	42	18:49	149.20	21:52:23	8:47	27	6:28:04	92	7:46:34	
VP26 - Wilhelmsr	5.72	40:06	7:00	7	6:34	19	7:58	154.92	22:32:29	8:43	26	6:16:35	89	7:54:02	
VP27 - Wollankst	3.02	23:12	7:40	7	4:50	20	13:37	157.94	22:55:41	8:42	26	6:08:26	85	15:24:32	
Friedrich-Ludwig	3.96	27:36	6:58	13	7:11	35	7:11	161.90	23:23:17	8:40	26	6:10:31	82	8:02:29	