



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Niedick, Tanja

□□□: 23:27:31

□□: Team Erdinger alkoholfrei

□□: 6.86 km/h

□□: 149

□□□□: 8:41 min/km

□□: 161.90 km

□□□□□/□□□: 99 (of 319)

100MeilenBerlin

□□□□□/□: 16 (of 62)

□□□□□□: 17:03:32

□□□□:

□□□□□: 3(of 11)

Seniorinnen W40 (40-44 Jahre)

□□□□□□□: 18:39:44

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Brandenbu	7.30	46:28	6:21	3	5:11	14	5:30	7.30	46:28	6:21	3	5:11	14	5:30
VP2 - East Side C	6.46	42:40	6:36	4	6:03	18	7:52	13.76	1:29:08	6:28	3	11:14	14	13:22
VP3 - Dammweg	5.90	41:26	7:01	5	7:35	26	10:29	19.66	2:10:34	6:38	4	18:49	20	23:51
VP4 - Johannisth	5.64	39:12	6:57	4	8:39	22	9:21	25.30	2:49:46	6:42	4	27:28	20	33:12
VP5 - U-Bahnhof	5.90	47:56	8:07	8	13:55	40	16:12	31.20	3:37:42	6:58	5	41:23	23	49:24
VP6 - Buckow	4.92	37:48	7:40	6	8:05	28	9:53	36.12	4:15:30	7:04	5	49:28	24	59:17
VP7 - Kirchhainer	6.17	45:43	7:24	4	9:25	18	10:22	42.29	5:01:13	7:07	5	58:53	23	1:09:39
VP8 - Lichtenradi	4.37	33:33	7:40	6	7:13	28	9:49	46.66	5:34:46	7:10	5	1:06:06	24	1:19:28
VP9 - Osdorfer St	5.71	39:42	6:57	3	3:50	17	7:40	52.37	6:14:28	7:09	5	1:09:56	23	1:26:10
VP10 - Sportplatz	6.50	1:01:58	9:31	4	22:59	22	25:32	58.87	7:16:26	7:24	4	1:32:55	22	1:50:53
VP11 - Königsw	6.22	47:08	7:34	3	6:48	9	10:12	65.09	8:03:34	7:25	4	1:39:43	21	1:55:47
VP12 - Gedenkst	6.85	53:34	7:49	3	8:33	14	12:34	71.94	8:57:08	7:27	4	1:48:16	20	2:05:01
VP13 - Brauhaus	6.88	58:49	8:32	5	13:34	20	15:32	78.82	9:55:57	7:33	4	2:01:50	20	2:16:58
VP14 - Revierförs	5.70	46:59	8:14	2	4:29	11	7:35	84.52	10:42:56	7:36	4	2:06:19	19	2:20:31
VP15 - Schloss S	6.24	58:30	9:22	3	15:35	13	18:15	90.76	11:41:26	7:43	4	2:21:54	19	2:38:46
VP16 - Pagel & Fi	7.60	1:13:17	9:38	5	17:09	23	20:37	98.36	12:54:43	7:52	4	2:39:03	18	2:59:23
VP17 - Karolinenl	4.91	47:42	9:42	5	11:59	24	16:24	103.27	13:42:25	7:57	4	2:51:02	18	3:15:47
VP18 - Falkensee	6.60	1:04:36	9:47	5	15:21	23	23:23	109.87	14:47:01	8:04	4	3:05:58	17	3:39:10
VP19 - Schönwal	5.95	59:05	9:55	5	14:44	23	21:16	115.82	15:46:06	8:10	4	3:16:08	17	3:54:51
VP20 - Grenzturn	7.60	1:15:34	9:56	5	9:23	18	27:09	123.42	17:01:40	8:16	4	3:25:31	18	4:22:00
VP21 - Ruderclub	4.78	46:14	9:40	3	11:22	11	13:20	128.20	17:47:54	8:19	4	3:36:53	18	4:35:20
VP22 - Frohnau	4.07	38:28	9:27	3	9:27	17	12:12	132.27	18:26:22	8:21	4	3:46:20	18	4:47:09
VP23 - Naturschu	6.61	1:05:03	9:50	3	12:01	16	18:59	138.88	19:31:25	8:26	3	3:58:21	17	5:05:41
VP24 - Oranienbu	4.98	50:31	10:08	6	12:21	22	16:51	143.86	20:21:56	8:29	3	4:10:42	16	5:22:32
VP25 - Laufftreff l	5.34	52:11	9:46	5	9:46	19	16:07	149.20	21:14:07	8:32	3	4:19:57	16	5:36:27
VP26 - Wilhelmsr	5.72	56:38	9:54	6	9:56	22	18:42	154.92	22:10:45	8:35	3	4:29:53	16	5:55:09
VP27 - Wollankst	3.02	33:59	11:15	7	9:30	23	12:35	157.94	22:44:44	8:38	3	4:37:53	16	6:05:36
Friedrich-Ludwig	3.96	42:47	10:48	8	14:49	40	20:36	161.90	23:27:31	8:41	3	4:47:47	16	6:23:59