



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

0000

Zehring, Uwe

000: 23:56:19

00: DUV

00: 6.73 km/h

00: 77

0000: 8:52 min/km

00: 161.90 km

00000/000: 120 (of 319)

100MeilenBerlin

00000/0: 99 (of 257)

000000: 15:20:48

0000:

00000: 12(of 32)

Senioren M55 (55-59 Jahre)

0000000: 16:39:21

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Brandenbu	7.30	48:49	6:41	14	9:08	121	15:32	7.30	48:49	6:41	14	9:08	121	15:32
VP2 - East Side C	6.46	42:59	6:39	14	8:41	115	12:53	13.76	1:31:48	6:40	13	17:49	122	28:10
VP3 - Dammweg	5.90	39:44	6:44	11	7:24	107	12:09	19.66	2:11:32	6:41	13	25:13	118	38:51
VP4 - Johannisth	5.64	39:58	7:05	17	9:58	129	13:23	25.30	2:51:30	6:46	13	35:11	119	52:14
VP5 - U-Bahnhof	5.90	44:03	7:27	18	12:18	148	15:09	31.20	3:35:33	6:54	13	47:29	122	1:07:01
VP6 - Buckow	4.92	35:00	7:06	12	7:21	99	10:22	36.12	4:10:33	6:56	13	54:18	118	1:17:23
VP7 - Kirchhainer	6.17	46:49	7:35	13	13:14	122	15:45	42.29	4:57:22	7:01	14	1:05:50	119	1:33:08
VP8 - Lichtenradi	4.37	33:43	7:42	15	10:03	143	11:38	46.66	5:31:05	7:05	15	1:15:53	118	1:44:46
VP9 - Osdorfer St	5.71	42:58	7:31	15	12:30	129	13:26	52.37	6:14:03	7:08	15	1:28:14	121	1:58:12
VP10 - Sportplatz	6.50	1:01:00	9:23	13	24:40	111	26:10	58.87	7:15:03	7:23	14	1:48:00	112	2:24:22
VP11 - Königswe	6.22	1:10:51	11:23	23	33:39	213	36:41	65.09	8:25:54	7:46	14	2:21:39	132	2:53:41
VP12 - Gedenkst	6.85	55:22	8:04	9	14:30	77	16:59	71.94	9:21:16	7:48	13	2:36:09	125	3:06:31
VP13 - Brauhaus	6.88	56:19	8:11	9	14:52	66	17:39	78.82	10:17:35	7:50	13	2:51:01	116	3:19:10
VP14 - Revierförs	5.70	47:46	8:22	8	13:20	56	15:42	84.52	11:05:21	7:52	13	3:04:21	110	3:32:36
VP15 - Schloss S	6.24	48:29	7:46	3	8:36	18	11:58	90.76	11:53:50	7:51	13	3:12:57	91	3:41:51
VP16 - Pagel & Fi	7.60	1:28:52	11:41	20	41:22	186	45:09	98.36	13:22:42	8:09	13	3:54:19	107	4:22:30
VP17 - Karolinenl	4.91	42:03	8:33	10	10:33	66	13:36	103.27	14:04:45	8:10	13	4:04:52	103	4:33:10
VP18 - Falkensee	6.60	58:40	8:53	11	15:58	72	20:18	109.87	15:03:25	8:13	13	4:20:50	99	4:52:30
VP19 - Schönwal	5.95	52:53	8:53	9	13:06	61	17:37	115.82	15:56:18	8:15	13	4:33:56	93	5:10:07
VP20 - Grenzturn	7.60	1:11:10	9:21	9	19:24	70	27:59	123.42	17:07:28	8:19	13	4:53:20	91	5:38:06
VP21 - Ruderclub	4.78	1:14:15	15:32	18	40:58	170	47:00	128.20	18:21:43	8:35	12	5:34:18	104	6:25:06
VP22 - Frohnau	4.07	42:57	10:33	12	14:32	107	18:28	132.27	19:04:40	8:39	12	5:48:50	104	6:43:28
VP23 - Naturschu	6.61	1:16:44	11:36	16	32:59	124	37:05	138.88	20:21:24	8:47	12	6:21:49	106	7:19:06
VP24 - Oranienbu	4.98	52:03	10:27	9	17:41	77	22:17	143.86	21:13:27	8:51	12	6:39:30	104	7:40:28
VP25 - Laufftreff l	5.34	53:43	10:03	8	15:20	78	23:46	149.20	22:07:10	8:53	12	6:54:50	100	8:01:21
VP26 - Wilhelmsr	5.72	49:28	8:38	6	13:59	70	17:20	154.92	22:56:38	8:53	12	7:08:49	97	8:18:11
VP27 - Wollankst	3.02	30:02	9:56	6	5:11	61	20:27	157.94	23:26:40	8:54	12	7:14:00	99	15:55:31
Friedrich-Ludwig	3.96	29:39	7:29	4	2:58	55	9:14	161.90	23:56:19	8:52	12	7:16:58	99	8:35:31