



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Lausitzer Heideläufer

00: Lausitzer Heideläufer
00: 10011

00: 161.90 km
100MeilenBerlin - 10+ Staffel

0000:
10er+ Staffel

000: 14:26:19

00: 11.15 km/h
0000: 5:21 min/km

00000/0000: 8 (of 25)

00000/0000: 8 (of 25)

000000: 11:04:37

00000: 8(of 25)

0000000: 11:04:37

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000	00 km	00 00	00 min/km	00 -	00 -	00 00	00 00	000	000	000	00 -	00 -	00 00	00 00
VP1 - Brandenbu	7.30	33:19	4:33	3	4:09	3	4:09	7.30	33:19	4:33	3	4:09	3	4:09
VP2 - East Side C	6.46	29:49	4:36	3	3:16	3	3:16	13.76	1:03:08	4:35	3	6:58	3	6:58
VP3 - Dammweg	5.90	26:19	4:27	2	0:37	2	0:37	19.66	1:29:27	4:32	3	6:55	3	6:55
VP4 - Johannisth	5.64	23:19	4:08	3	2:03	3	2:03	25.30	1:52:46	4:27	3	8:58	3	8:58
VP5 - U-Bahnhof	5.90	27:13	4:36	5	3:38	5	3:38	31.20	2:19:59	4:29	3	12:36	3	12:36
VP6 - Buckow	4.92	28:32	5:47	12	8:26	12	8:26	36.12	2:48:31	4:39	3	21:02	3	21:02
VP7 - Kirchhainer	6.17	39:55	6:28	19	14:49	19	14:49	42.29	3:28:26	4:55	4	35:51	4	35:51
VP8 - Lichtenradi	4.37	29:05	6:39	16	12:15	16	12:15	46.66	3:57:31	5:05	6	46:22	6	46:22
VP9 - Osdorfer St	5.71	29:01	5:04	7	4:39	7	4:39	52.37	4:26:32	5:05	6	51:01	6	51:01
VP10 - Sportplatz	6.50	34:05	5:14	7	9:06	7	9:06	58.87	5:00:37	5:06	6	56:42	6	56:42
VP11 - Königsw	6.22	31:01	4:59	3	5:33	3	5:33	65.09	5:31:38	5:05	5	1:01:02	5	1:01:02
VP12 - Gedenkst	6.85	38:36	5:38	12	11:49	12	11:49	71.94	6:10:14	5:08	7	1:11:54	7	1:11:54
VP13 - Brauhaus	6.88	35:47	5:12	7	9:56	7	9:56	78.82	6:46:01	5:09	7	1:21:50	7	1:21:50
VP14 - Revierförs	5.70	30:44	5:23	7	7:57	7	7:57	84.52	7:16:45	5:10	7	1:29:47	7	1:29:47
VP15 - Schloss S	6.24	34:59	5:36	11	9:58	11	9:58	90.76	7:51:44	5:11	8	1:39:45	8	1:39:45
VP16 - Pagel & Fi	7.60	38:40	5:05	8	6:19	8	6:19	98.36	8:30:24	5:11	8	1:46:04	8	1:46:04
VP17 - Karolinenl	4.91	24:56	5:04	6	7:21	6	7:21	103.27	8:55:20	5:11	7	1:51:44	7	1:51:44
VP18 - Falkensee	6.60	33:19	5:02	4	8:48	4	8:48	109.87	9:28:39	5:10	6	1:54:04	6	1:54:04
VP19 - Schönwal	5.95	31:46	5:20	9	8:38	9	8:38	115.82	10:00:25	5:11	5	2:02:42	5	2:02:42
VP20 - Grenzturn	7.60	42:27	5:35	13	11:45	13	11:45	123.42	10:42:52	5:12	5	2:13:54	5	2:13:54
VP21 - Ruderclub	4.78	32:08	6:43	20	13:58	20	13:58	128.20	11:15:00	5:15	5	2:26:22	5	2:26:22
VP22 - Frohnau	4.07	29:00	7:07	19	12:29	19	12:29	132.27	11:44:00	5:19	5	2:38:51	5	2:38:51
VP23 - Naturschu	6.61	36:13	5:28	13	9:41	13	9:41	138.88	12:20:13	5:19	8	2:47:37	8	2:47:37
VP24 - Oranienbu	4.98	27:30	5:31	11	8:18	11	8:18	143.86	12:47:43	5:20	8	2:54:05	8	2:54:05
VP25 - Laufftreff l	5.34	28:57	5:25	11	9:04	11	9:04	149.20	13:16:40	5:20	8	3:02:03	8	3:02:03
VP26 - Wilhelmsr	5.72	29:18	5:07	9	8:25	9	8:25	154.92	13:45:58	5:19	7	3:09:19	7	3:09:19
VP27 - Wollankst	3.02	18:09	6:00	10	6:24	10	6:24	157.94	14:04:07	5:20	8	3:14:51	8	3:14:51
Friedrich-Ludwig	3.96	22:12	5:36	12	6:51	12	6:51	161.90	14:26:19	5:21	8	3:21:42	8	3:21:42