



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Witte, Jan

□□□: 24:33:05

□□: Berlin

□□: 6.56 km/h

□□: 347

□□□□: 9:06 min/km

□□: 161.90 km

□□□□□/□□□: 125 (of 319)

100MeilenBerlin

□□□□□/□: 104 (of 257)

□□□□□□: 15:20:48

□□□□:

□□□□□: 15(of 34)

Senioren M35 (35-39 Jahre)

□□□□□□□: 16:12:41

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
VP1 - Brandenbu	7.30	48:55	6:42	15	15:38	128	15:38	7.30	48:55	6:42	15	15:38	128	15:38
VP2 - East Side C	6.46	43:27	6:43	17	13:06	123	13:21	13.76	1:32:22	6:42	17	28:44	127	28:44
VP3 - Dammweg	5.90	40:54	6:55	17	10:59	134	13:19	19.66	2:13:16	6:46	17	39:43	126	40:35
VP4 - Johannisth	5.64	37:52	6:42	13	9:42	95	11:17	25.30	2:51:08	6:45	16	48:39	118	51:52
VP5 - U-Bahnhof	5.90	42:32	7:12	16	11:53	121	13:38	31.20	3:33:40	6:50	16	58:34	116	1:05:08
VP6 - Buckow	4.92	35:04	7:07	14	9:11	100	10:26	36.12	4:08:44	6:53	16	1:06:14	114	1:15:34
VP7 - Kirchhainer	6.17	46:05	7:28	16	13:16	111	15:01	42.29	4:54:49	6:58	15	1:16:25	111	1:30:35
VP8 - Lichtenradi	4.37	30:39	7:00	12	7:45	83	8:34	46.66	5:25:28	6:58	15	1:23:05	107	1:39:09
VP9 - Osdorfer St	5.71	40:54	7:09	15	10:22	104	11:22	52.37	6:06:22	6:59	15	1:32:16	107	1:50:31
VP10 - Sportplatz	6.50	1:50:57	17:04	27	1:15:33	229	1:16:07	58.87	7:57:19	8:06	21	2:44:26	169	3:06:38
VP11 - Königswe	6.22	47:50	7:41	11	11:34	57	13:40	65.09	8:45:09	8:04	20	2:56:00	157	3:12:56
VP12 - Gedenkst	6.85	59:42	8:42	16	20:13	108	21:19	71.94	9:44:51	8:07	18	3:16:13	146	3:30:06
VP13 - Brauhaus	6.88	1:03:55	9:17	14	24:47	123	25:15	78.82	10:48:46	8:13	18	3:41:00	143	3:50:21
VP14 - Revierförs	5.70	50:48	8:54	14	15:51	89	18:44	84.52	11:39:34	8:16	18	3:56:51	140	4:06:49
VP15 - Schloss S	6.24	1:37:24	15:36	25	57:36	194	1:00:53	90.76	13:16:58	8:46	19	4:49:37	152	5:04:59
VP16 - Pagel & Fi	7.60	1:07:19	8:51	11	18:00	68	23:36	98.36	14:24:17	8:47	20	5:07:37	147	5:24:05
VP17 - Karolinenl	4.91	46:38	9:29	16	16:26	106	18:11	103.27	15:10:55	8:49	20	5:24:03	138	5:39:20
VP18 - Falkensee	6.60	1:01:58	9:23	15	21:49	98	23:36	109.87	16:12:53	8:51	20	5:42:17	138	6:01:58
VP19 - Schönwal	5.95	56:11	9:26	11	14:41	74	20:55	115.82	17:09:04	8:53	20	5:55:39	137	6:22:53
VP20 - Grenzturn	7.60	1:19:57	10:31	16	26:41	114	36:46	123.42	18:29:01	8:59	18	6:22:20	128	6:59:39
VP21 - Ruderclub	4.78	1:02:34	13:05	17	29:36	128	35:19	128.20	19:31:35	9:08	19	6:46:36	130	7:34:58
VP22 - Frohnau	4.07	37:17	9:09	12	10:14	51	12:48	132.27	20:08:52	9:08	18	6:56:50	127	7:47:40
VP23 - Naturschu	6.61	58:57	8:55	8	18:22	43	19:18	138.88	21:07:49	9:07	18	7:15:12	123	8:05:31
VP24 - Oranienbu	4.98	44:11	8:52	7	14:25	33	14:25	143.86	21:52:00	9:07	17	7:29:37	118	8:19:01
VP25 - Laufftreff l	5.34	53:26	10:00	12	19:47	74	23:29	149.20	22:45:26	9:09	17	7:49:24	115	8:39:37
VP26 - Wilhelmsr	5.72	47:26	8:17	9	15:18	62	15:18	154.92	23:32:52	9:07	16	8:04:42	108	8:54:25
VP27 - Wollankst	3.02	30:14	10:00	9	7:50	64	20:39	157.94	24:03:06	9:08	15	8:12:32	108	16:31:57
Friedrich-Ludwig	3.96	29:59	7:34	7	7:52	60	9:34	161.90	24:33:05	9:05	15	8:20:24	104	9:12:17