



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Tritschler, Uwe

□□□: 24:43:43

□□: World Runner Champion Einmal um die Welt One-Half

□□: 181

□□□□: 9:10 min/km

□□: 161.90 km

□□□□□/□□□: 128 (of 319)

100MeilenBerlin

□□□□□/□: 106 (of 257)

□□□□:

□□□□□: 30(of 59)

Senioren M45 (45-49 Jahre)

□□□□□□□: 17:12:46

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □		
VP1 - Brandenbu	7.30	50:27	6:54	40	15:36	144	17:10	7.30	50:27	6:54	40	15:36	144	17:10
VP2 - East Side C	6.46	45:30	7:02	39	15:24	148	15:24	13.76	1:35:57	6:58	40	30:53	149	32:19
VP3 - Dammweg	5.90	38:32	6:31	26	10:57	95	10:57	19.66	2:14:29	6:50	35	41:48	131	41:48
VP4 - Johannisth	5.64	36:08	6:24	20	9:33	70	9:33	25.30	2:50:37	6:44	32	51:21	117	51:21
VP5 - U-Bahnhof	5.90	37:55	6:25	17	9:01	56	9:01	31.20	3:28:32	6:41	30	1:00:00	99	1:00:00
VP6 - Buckow	4.92	31:54	6:29	18	7:16	61	7:16	36.12	4:00:26	6:39	26	1:07:16	93	1:07:16
VP7 - Kirchhainer	6.17	43:19	7:01	23	12:15	79	12:15	42.29	4:43:45	6:42	25	1:19:31	89	1:19:31
VP8 - Lichtenradi	4.37	29:58	6:51	21	7:53	67	7:53	46.66	5:13:43	6:43	24	1:27:24	85	1:27:24
VP9 - Osdorfer St	5.71	43:02	7:32	36	13:30	131	13:30	52.37	5:56:45	6:48	27	1:40:54	92	1:40:54
VP10 - Sportplatz	6.50	1:02:02	9:32	37	27:12	116	27:12	58.87	6:58:47	7:06	27	2:08:06	91	2:08:06
VP11 - Königsw	6.22	1:00:38	9:44	42	25:33	175	26:28	65.09	7:59:25	7:21	29	2:27:12	102	2:27:12
VP12 - Gedenkst	6.85	59:46	8:43	29	19:13	109	21:23	71.94	8:59:11	7:29	30	2:44:26	103	2:44:26
VP13 - Brauhaus	6.88	1:08:07	9:54	38	25:38	155	29:27	78.82	10:07:18	7:42	32	3:08:53	105	3:08:53
VP14 - Revierförs	5.70	57:14	10:02	39	22:54	158	25:10	84.52	11:04:32	7:51	31	3:31:47	109	3:31:47
VP15 - Schloss S	6.24	57:08	9:09	17	17:54	54	20:37	90.76	12:01:40	7:57	31	3:49:41	101	3:49:41
VP16 - Pagel & Fi	7.60	1:14:25	9:47	32	26:12	118	30:42	98.36	13:16:05	8:05	32	4:15:53	104	4:15:53
VP17 - Karolinenl	4.91	43:36	8:52	23	11:55	81	15:09	103.27	13:59:41	8:07	31	4:26:32	101	4:28:06
VP18 - Falkensee	6.60	1:03:38	9:38	30	21:07	111	25:16	109.87	15:03:19	8:13	29	4:43:21	98	4:52:24
VP19 - Schönwal	5.95	55:52	9:23	23	17:41	72	20:36	115.82	15:59:11	8:16	29	4:57:14	95	5:13:00
VP20 - Grenzturn	7.60	1:18:30	10:19	27	31:29	107	35:19	123.42	17:17:41	8:24	29	5:19:49	96	5:48:19
VP21 - Ruderclub	4.78	47:57	10:01	17	15:27	56	20:42	128.20	18:05:38	8:28	26	5:29:23	87	6:09:01
VP22 - Frohnau	4.07	45:09	11:05	33	18:00	129	20:40	132.27	18:50:47	8:32	26	5:46:11	91	6:29:35
VP23 - Naturschu	6.61	1:16:33	11:34	32	29:48	122	36:54	138.88	20:07:20	8:41	28	6:14:05	98	7:05:02
VP24 - Oranienbu	4.98	1:01:14	12:17	36	28:53	147	31:28	143.86	21:08:34	8:49	30	6:34:50	101	7:35:35
VP25 - Laufftreff l	5.34	1:04:18	12:02	38	34:21	155	34:21	149.20	22:12:52	8:56	30	6:48:33	102	8:07:03
VP26 - Wilhelmsr	5.72	1:03:46	11:08	35	30:14	158	31:38	154.92	23:16:38	9:00	31	7:00:44	105	8:38:11
VP27 - Wollankst	3.02	42:01	13:54	37	23:39	163	32:26	157.94	23:58:39	9:06	31	7:11:24	106	16:27:30
Friedrich-Ludwig	3.96	45:04	11:22	36	24:39	170	24:39	161.90	24:43:43	9:09	30	7:30:57	106	9:22:55