



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

□□□□

**Sama Sawa**

□□□: 23:44:23

□□: Sama Sawa

□□: 6.78 km/h

□□: 2018

□□□□: 8:48 min/km

□□: 161.90 km

□□□□□/□□□: 16 (of 18)

100MeilenBerlin - 2er Staffel

□□□□□/□□□: 16 (of 18)

□□□□□□: 16:01:08

□□□□:

□□□□□: 16(of 18)

2er Staffel

□□□□□□□: 16:01:08

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
VP1 - Brandenbu	7.30	50:50	6:57	18	14:17	18	14:17	7.30	50:50	6:57	18	14:17	18	14:17
VP2 - East Side C	6.46	45:38	7:03	14	11:00	14	11:00	13.76	1:36:28	7:00	18	24:41	18	24:41
VP3 - Dammweg	5.90	43:37	7:23	18	12:52	18	12:52	19.66	2:20:05	7:07	18	37:33	18	37:33
VP4 - Johannisth	5.64	43:11	7:39	15	13:35	15	13:35	25.30	3:03:16	7:14	16	51:08	16	51:08
VP5 - U-Bahnhof	5.90	45:54	7:46	16	13:50	16	13:50	31.20	3:49:10	7:20	16	1:04:58	16	1:04:58
VP6 - Buckow	4.92	39:59	8:07	16	12:00	16	12:00	36.12	4:29:09	7:27	16	1:16:58	16	1:16:58
VP7 - Kirchhainer	6.17	52:25	8:29	15	16:56	15	16:56	42.29	5:21:34	7:36	16	1:33:54	16	1:33:54
VP8 - Lichtenradi	4.37	35:40	8:09	13	11:05	13	11:05	46.66	5:57:14	7:39	16	1:44:50	16	1:44:50
VP9 - Osdorfer St	5.71	41:58	7:20	11	9:08	11	9:08	52.37	6:39:12	7:37	16	1:53:46	16	1:53:46
VP10 - Sportplatz	6.50	1:12:18	11:07	16	34:02	16	34:02	58.87	7:51:30	8:00	15	2:25:10	15	2:25:10
VP11 - Königsw	6.22	50:02	8:02	10	12:50	10	12:50	65.09	8:41:32	8:00	15	2:29:02	15	2:29:02
VP12 - Gedenkst	6.85	1:03:13	9:13	12	18:49	12	18:49	71.94	9:44:45	8:07	15	2:47:27	15	2:47:27
VP13 - Brauhaus	6.88	1:01:59	9:00	10	18:25	10	18:25	78.82	10:46:44	8:12	14	3:05:52	14	3:05:52
VP14 - Revierförs	5.70	49:38	8:42	9	11:10	9	11:10	84.52	11:36:22	8:14	14	3:17:01	14	3:17:01
VP15 - Schloss S	6.24	54:49	8:47	12	16:11	12	16:11	90.76	12:31:11	8:16	14	3:33:12	14	3:33:12
VP16 - Pagel & Fi	7.60	51:59	6:50	15	17:10	15	17:10	98.36	13:23:10	8:09	14	3:41:02	14	3:41:02
VP17 - Karolinenl	4.91	32:13	6:33	13	9:04	13	9:04	103.27	13:55:23	8:05	14	3:45:44	14	3:45:44
VP18 - Falkensee	6.60	45:44	6:55	14	12:17	14	12:17	109.87	14:41:07	8:01	14	3:54:19	14	3:54:19
VP19 - Schönwal	5.95	44:45	7:31	15	15:54	15	15:54	115.82	15:25:52	7:59	14	4:02:58	14	4:02:58
VP20 - Grenzturn	7.60	1:09:20	9:07	16	32:58	16	32:58	123.42	16:35:12	8:03	15	4:26:17	15	4:26:17
VP21 - Ruderclub	4.78	1:01:19	12:49	17	38:49	17	38:49	128.20	17:36:31	8:14	15	5:01:43	15	5:01:43
VP22 - Frohnau	4.07	37:09	9:07	15	16:07	15	16:07	132.27	18:13:40	8:16	15	5:14:56	15	5:14:56
VP23 - Naturschu	6.61	1:12:53	11:01	18	34:18	18	34:18	138.88	19:26:33	8:23	15	5:46:47	15	5:46:47
VP24 - Oranienbu	4.98	55:49	11:12	18	28:34	18	28:34	143.86	20:22:22	8:29	16	6:15:21	16	6:15:21
VP25 - Laufftreff l	5.34	1:08:40	12:51	18	38:31	18	38:31	149.20	21:31:02	8:39	16	6:49:11	16	6:49:11
VP26 - Wilhelmsr	5.72	1:00:38	10:36	18	28:54	18	28:54	154.92	22:31:40	8:43	16	7:18:05	16	7:18:05
VP27 - Wollankst	3.02	37:12	12:19	14	17:58	14	17:58	157.94	23:08:52	8:47	16	7:29:13	16	7:29:13
Friedrich-Ludwig	3.96	35:31	8:58	14	16:12	14	16:12	161.90	23:44:23	8:47	16	7:43:15	16	7:43:15