



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Mantel, Klaus

□□□: 25:13:36

□□: Schauläufer

□□: 6.38 km/h

□□: 92

□□□□: 9:21 min/km

□□: 161.90 km

□□□□□/□□□□: 135 (of 319)

100MeilenBerlin

□□□□□/□: 112 (of 257)

□□□□□□: 15:20:48

□□□□:

□□□□□: 22(of 50)

Senioren M50 (50-54 Jahre)

□□□□□□□: 15:44:00

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Brandenbu	7.30	49:06	6:43	25	12:05	133	15:49	7.30	49:06	6:43	25	12:05	133	15:49
VP2 - East Side C	6.46	42:37	6:35	22	10:17	105	12:31	13.76	1:31:43	6:39	24	22:22	119	28:05
VP3 - Dammweg	5.90	40:34	6:52	24	10:31	129	12:59	19.66	2:12:17	6:43	24	32:53	121	39:36
VP4 - Johannisth	5.64	39:49	7:03	25	11:04	125	13:14	25.30	2:52:06	6:48	24	43:57	121	52:50
VP5 - U-Bahnhof	5.90	42:21	7:10	22	11:20	116	13:27	31.20	3:34:27	6:52	22	55:17	119	1:05:55
VP6 - Buckow	4.92	39:44	8:04	38	13:09	168	15:06	36.12	4:14:11	7:02	25	1:08:22	131	1:21:01
VP7 - Kirchhainer	6.17	48:09	7:48	32	13:29	141	17:05	42.29	5:02:20	7:08	24	1:21:46	130	1:38:06
VP8 - Lichtenradi	4.37	31:29	7:12	18	7:16	103	9:24	46.66	5:33:49	7:09	24	1:28:04	125	1:47:30
VP9 - Osdorfer St	5.71	41:17	7:13	22	10:40	109	11:45	52.37	6:15:06	7:09	25	1:31:32	123	1:59:15
VP10 - Sportplatz	6.50	1:07:13	10:20	26	30:40	142	32:23	58.87	7:22:19	7:30	24	1:50:48	122	2:31:38
VP11 - Königswe	6.22	55:26	8:54	26	16:55	129	21:16	65.09	8:17:45	7:38	25	2:07:35	122	2:45:32
VP12 - Gedenkst	6.85	1:04:00	9:20	25	25:37	141	25:37	71.94	9:21:45	7:48	25	2:33:12	126	3:07:00
VP13 - Brauhaus	6.88	1:06:54	9:43	32	28:14	145	28:14	78.82	10:28:39	7:58	27	3:01:26	128	3:30:14
VP14 - Revierförs	5.70	53:34	9:23	30	21:30	124	21:30	84.52	11:22:13	8:04	28	3:22:56	129	3:49:28
VP15 - Schloss S	6.24	1:49:00	17:28	44	1:10:28	206	1:12:29	90.76	13:11:13	8:43	31	4:33:24	147	4:59:14
VP16 - Pagel & Fi	7.60	1:05:18	8:35	14	21:35	52	21:35	98.36	14:16:31	8:42	28	4:54:59	139	5:16:19
VP17 - Karolinenl	4.91	1:00:13	12:15	41	31:46	188	31:46	103.27	15:16:44	8:52	30	5:26:45	143	5:45:09
VP18 - Falkensee	6.60	1:05:56	9:59	27	27:34	124	27:34	109.87	16:22:40	8:56	29	5:54:19	142	6:11:45
VP19 - Schönwal	5.95	1:07:08	11:16	34	31:30	139	31:52	115.82	17:29:48	9:03	29	6:25:49	141	6:43:37
VP20 - Grenzturn	7.60	1:13:30	9:40	15	28:15	78	30:19	123.42	18:43:18	9:06	28	6:54:04	133	7:13:56
VP21 - Ruderclub	4.78	57:05	11:56	20	26:39	103	29:50	128.20	19:40:23	9:12	28	7:20:43	131	7:43:46
VP22 - Frohnau	4.07	39:00	9:34	13	14:31	67	14:31	132.27	20:19:23	9:13	28	7:35:14	130	7:58:11
VP23 - Naturschu	6.61	56:04	8:28	4	16:25	28	16:25	138.88	21:15:27	9:11	27	7:51:39	125	8:13:09
VP24 - Oranienbu	4.98	54:22	10:55	19	22:35	98	24:36	143.86	22:09:49	9:14	27	8:14:14	125	8:36:50
VP25 - Laufftreff l	5.34	1:00:41	11:21	31	28:49	130	30:44	149.20	23:10:30	9:19	24	8:43:03	121	9:04:41
VP26 - Wilhelmsr	5.72	48:36	8:29	13	13:10	67	16:28	154.92	23:59:06	9:17	23	8:56:13	116	9:20:39
VP27 - Wollankst	3.02	38:13	12:39	32	19:00	141	28:38	157.94	24:37:19	9:21	22	9:15:13	114	17:06:10
Friedrich-Ludwig	3.96	36:17	9:09	25	14:23	104	15:52	161.90	25:13:36	9:20	22	9:29:36	112	9:52:48