



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Liberti, Friedrich

□□□: 25:31:46

□□: o.V. Wegensen

□□: 6.31 km/h

□□: 64

□□□□: 9:28 min/km

□□: 161.90 km

□□□□□/□□□□: 142 (of 319)

100MeilenBerlin

□□□□□/□: 117 (of 257)

□□□□□□: 15:20:48

□□□□:

□□□□□: 7(of 18)

Senioren M60 (60-64 Jahre)

□□□□□□□: 21:12:53

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Brandenbu	7.30	46:38	6:23	5	3:53	96	13:21	7.30	46:38	6:23	5	3:53	96	13:21
VP2 - East Side C	6.46	40:42	6:18	3	3:03	62	10:36	13.76	1:27:20	6:20	3	6:56	84	23:42
VP3 - Dammweg	5.90	38:02	6:26	5	4:11	84	10:27	19.66	2:05:22	6:22	5	11:07	83	32:41
VP4 - Johannisth	5.64	35:39	6:19	3	3:12	64	9:04	25.30	2:41:01	6:21	3	14:19	76	41:45
VP5 - U-Bahnhof	5.90	42:29	7:12	6	7:17	120	13:35	31.20	3:23:30	6:31	4	20:00	87	54:58
VP6 - Buckow	4.92	32:47	6:39	2	2:38	66	8:09	36.12	3:56:17	6:32	4	22:38	78	1:03:07
VP7 - Kirchhainer	6.17	44:05	7:08	5	5:20	90	13:01	42.29	4:40:22	6:37	4	27:58	79	1:16:08
VP8 - Lichtenradi	4.37	30:56	7:04	5	4:25	87	8:51	46.66	5:11:18	6:40	4	30:49	82	1:24:59
VP9 - Osdorfer St	5.71	45:34	7:58	12	8:26	168	16:02	52.37	5:56:52	6:48	4	38:51	94	1:41:01
VP10 - Sportplatz	6.50	1:57:09	18:01	17	1:14:02	232	1:22:19	58.87	7:54:01	8:03	10	1:49:21	166	3:03:20
VP11 - Königswe	6.22	55:32	8:55	10	10:12	132	21:22	65.09	8:49:33	8:08	9	1:48:16	165	3:17:20
VP12 - Gedenkst	6.85	1:09:15	10:06	13	19:22	179	30:52	71.94	9:58:48	8:19	11	2:04:02	164	3:44:03
VP13 - Brauhaus	6.88	1:11:10	10:20	12	18:31	172	32:30	78.82	11:09:58	8:29	11	2:18:46	164	4:11:33
VP14 - Revierförs	5.70	1:06:55	11:44	16	24:56	205	34:51	84.52	12:16:53	8:43	12	2:39:08	168	4:44:08
VP15 - Schloss S	6.24	1:26:31	13:51	13	35:17	174	50:00	90.76	13:43:24	9:04	12	3:04:17	169	5:31:25
VP16 - Pagel & Fi	7.60	1:23:27	10:58	15	20:14	168	39:44	98.36	15:06:51	9:13	13	3:21:17	171	6:06:39
VP17 - Karolinenl	4.91	53:40	10:55	14	16:52	161	25:13	103.27	16:00:31	9:18	13	3:34:05	163	6:28:56
VP18 - Falkensee	6.60	1:05:36	9:56	7	11:09	122	27:14	109.87	17:06:07	9:20	13	3:45:14	160	6:55:12
VP19 - Schönwal	5.95	59:50	10:03	5	9:10	93	24:34	115.82	18:05:57	9:22	12	3:47:40	154	7:19:46
VP20 - Grenzturn	7.60	1:18:12	10:17	5	15:28	105	35:01	123.42	19:24:09	9:25	10	3:55:23	145	7:54:47
VP21 - Ruderclub	4.78	58:53	12:19	10	18:40	109	31:38	128.20	20:23:02	9:32	11	4:14:03	140	8:26:25
VP22 - Frohnau	4.07	38:56	9:33	5	5:32	65	14:27	132.27	21:01:58	9:32	9	4:19:35	138	8:40:46
VP23 - Naturschu	6.61	1:08:17	10:19	5	15:29	86	28:38	138.88	22:10:15	9:34	8	4:24:04	133	9:07:57
VP24 - Oranienbu	4.98	47:47	9:35	2	0:53	51	18:01	143.86	22:58:02	9:34	8	4:23:47	130	9:25:03
VP25 - Laufftreff l	5.34	47:52	8:57	2	0:23	40	17:55	149.20	23:45:54	9:33	8	4:24:10	128	9:40:05
VP26 - Wilhelmsr	5.72	46:32	8:08	4	6:46	56	14:24	154.92	24:32:26	9:30	8	4:22:05	127	9:53:59
VP27 - Wollankst	3.02	27:02	8:57	3	17:27	37	17:27	157.94	24:59:28	9:29	8	17:28:19	123	17:28:19
Friedrich-Ludwig	3.96	32:18	8:09	7	3:09	75	11:53	161.90	25:31:46	9:27	7	4:18:53	117	10:10:58