



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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Persson, Lars

□□: Hummelbävern

□□: 67

□□: 161.90 km

100MeilenBerlin

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 26:01:49

□□: 6.19 km/h

□□□□: 9:39 min/km

□□□□□/□□□□: 154 (of 319)

□□□□□/□: 128 (of 257)

□□□□□□: 15:20:48

□□□□□: 28(of 50)

□□□□□□□: 15:44:00

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Brandenbu	7.30	49:01	6:42	24	12:00	131	15:44	7.30	49:01	6:42	24	12:00	131	15:44
VP2 - East Side C	6.46	42:27	6:34	21	10:07	99	12:21	13.76	1:31:28	6:38	23	22:07	116	27:50
VP3 - Dammweg	5.90	39:40	6:43	21	9:37	105	12:05	19.66	2:11:08	6:40	22	31:44	113	38:27
VP4 - Johannisth	5.64	37:26	6:38	18	8:41	91	10:51	25.30	2:48:34	6:39	21	40:25	105	49:18
VP5 - U-Bahnhof	5.90	41:58	7:06	21	10:57	108	13:04	31.20	3:30:32	6:44	20	51:22	107	1:02:00
VP6 - Buckow	4.92	34:39	7:02	18	8:04	93	10:01	36.12	4:05:11	6:47	20	59:22	102	1:12:01
VP7 - Kirchhainer	6.17	45:48	7:25	20	11:08	102	14:44	42.29	4:50:59	6:52	21	1:10:25	106	1:26:45
VP8 - Lichtenradi	4.37	32:43	7:29	24	8:30	123	10:38	46.66	5:23:42	6:56	20	1:17:57	105	1:37:23
VP9 - Osdorfer St	5.71	40:29	7:05	19	9:52	96	10:57	52.37	6:04:11	6:57	19	1:20:37	103	1:48:20
VP10 - Sportplatz	6.50	1:07:27	10:22	27	30:54	145	32:37	58.87	7:11:38	7:19	17	1:40:07	103	2:20:57
VP11 - Königsw	6.22	51:31	8:16	19	13:00	97	17:21	65.09	8:03:09	7:25	18	1:52:59	107	2:30:56
VP12 - Gedenkst	6.85	1:05:23	9:32	34	27:00	153	27:00	71.94	9:08:32	7:37	18	2:19:59	111	2:53:47
VP13 - Brauhaus	6.88	1:02:15	9:02	19	23:35	108	23:35	78.82	10:10:47	7:44	18	2:43:34	110	3:12:22
VP14 - Revierförs	5.70	52:37	9:13	24	20:33	110	20:33	84.52	11:03:24	7:50	20	3:04:07	108	3:30:39
VP15 - Schloss S	6.24	1:15:46	12:08	29	37:14	140	39:15	90.76	12:19:10	8:08	21	3:41:21	113	4:07:11
VP16 - Pagel & Fi	7.60	1:17:36	10:12	30	33:53	135	33:53	98.36	13:36:46	8:18	22	4:15:14	117	4:36:34
VP17 - Karolinenl	4.91	51:34	10:30	32	23:07	151	23:07	103.27	14:28:20	8:24	24	4:38:21	121	4:56:45
VP18 - Falkensee	6.60	1:07:44	10:15	30	29:22	134	29:22	109.87	15:36:04	8:31	26	5:07:43	125	5:25:09
VP19 - Schönwal	5.95	57:07	9:35	18	21:29	81	21:51	115.82	16:33:11	8:34	25	5:29:12	120	5:47:00
VP20 - Grenzturn	7.60	1:31:11	11:59	33	45:56	155	48:00	123.42	18:04:22	8:47	25	6:15:08	120	6:35:00
VP21 - Ruderclub	4.78	57:08	11:57	21	26:42	104	29:53	128.20	19:01:30	8:54	25	6:41:50	121	7:04:53
VP22 - Frohnau	4.07	49:26	12:08	38	24:57	156	24:57	132.27	19:50:56	9:00	25	7:06:47	122	7:29:44
VP23 - Naturschu	6.61	1:16:16	11:32	27	36:37	119	36:37	138.88	21:07:12	9:07	25	7:43:24	121	8:04:54
VP24 - Oranienbu	4.98	59:02	11:51	31	27:15	135	29:16	143.86	22:06:14	9:13	26	8:10:39	124	8:33:15
VP25 - Laufftreff l	5.34	1:11:12	13:20	40	39:20	180	41:15	149.20	23:17:26	9:21	26	8:49:59	124	9:11:37
VP26 - Wilhelmsr	5.72	1:12:11	12:37	41	36:45	188	40:03	154.92	24:29:37	9:29	26	9:26:44	124	9:51:10
VP27 - Wollankst	3.02	40:27	13:23	34	21:14	152	30:52	157.94	25:10:04	9:33	26	9:47:58	127	17:38:55
Friedrich-Ludwig	3.96	51:45	13:04	41	29:51	193	31:20	161.90	26:01:49	9:38	28	10:17:49	128	10:41:01