



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

0000

Gaida, Andre

00: as-fahrschule

00: 200

00: 161.90 km

100MeilenBerlin

0000:

Senioren M45 (45-49 Jahre)

000: 26:32:23

00: 6.07 km/h

0000: 9:50 min/km

00000/0000: 160 (of 319)

00000/0: 133 (of 257)

000000: 15:20:48

00000: 35(of 59)

0000000: 17:12:46

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000	00 km	00 min/km	00 -	00 -	00 0	00 0	000 km	000 min/km	00 -	00 -	00 0	00 0		
VP1 - Brandenbu	7.30	56:29	7:44	51	21:38	219	23:12	7.30	56:29	7:44	51	21:38	219	23:12
VP2 - East Side G	6.46	52:35	8:08	51	22:29	211	22:29	13.76	1:49:04	7:55	52	44:00	220	45:26
VP3 - Dammweg	5.90	45:13	7:39	47	17:38	199	17:38	19.66	2:34:17	7:50	52	1:01:36	215	1:01:36
VP4 - Johannisth	5.64	47:05	8:20	51	20:30	212	20:30	25.30	3:21:22	7:57	52	1:22:06	217	1:22:06
VP5 - U-Bahnhof	5.90	47:29	8:02	49	18:35	196	18:35	31.20	4:08:51	7:58	52	1:40:19	214	1:40:19
VP6 - Buckow	4.92	42:00	8:32	48	17:22	187	17:22	36.12	4:50:51	8:03	53	1:57:41	214	1:57:41
VP7 - Kirchhainer	6.17	53:39	8:41	45	22:35	190	22:35	42.29	5:44:30	8:08	51	2:20:16	210	2:20:16
VP8 - Lichtenradi	4.37	35:45	8:10	43	13:40	176	13:40	46.66	6:20:15	8:08	51	2:33:56	208	2:33:56
VP9 - Osdorfer St	5.71	40:15	7:02	26	10:43	94	10:43	52.37	7:00:30	8:01	49	2:44:39	195	2:44:39
VP10 - Sportplatz	6.50	1:02:25	9:36	38	27:35	118	27:35	58.87	8:02:55	8:12	47	3:12:14	175	3:12:14
VP11 - Königswe	6.22	1:00:29	9:43	40	25:24	171	26:19	65.09	9:03:24	8:20	45	3:31:11	175	3:31:11
VP12 - Gedenkst	6.85	1:05:43	9:35	38	25:10	158	27:20	71.94	10:09:07	8:28	44	3:54:22	172	3:54:22
VP13 - Brauhaus	6.88	1:03:12	9:11	34	20:43	115	24:32	78.82	11:12:19	8:31	41	4:13:54	166	4:13:54
VP14 - Revierförs	5.70	54:50	9:37	35	20:30	138	22:46	84.52	12:07:09	8:36	39	4:34:24	160	4:34:24
VP15 - Schloss S	6.24	1:00:10	9:38	23	20:56	67	23:39	90.76	13:07:19	8:40	39	4:55:20	144	4:55:20
VP16 - Pagel & Fi	7.60	1:21:11	10:40	41	32:58	159	37:28	98.36	14:28:30	8:49	39	5:28:18	148	5:28:18
VP17 - Karolinenl	4.91	38:56	7:55	13	7:15	41	10:29	103.27	15:07:26	8:47	37	5:34:17	137	5:35:51
VP18 - Falkensee	6.60	59:22	8:59	25	16:51	76	21:00	109.87	16:06:48	8:47	37	5:46:50	136	5:55:53
VP19 - Schönwal	5.95	52:42	8:51	19	14:31	58	17:26	115.82	16:59:30	8:48	37	5:57:33	132	6:13:19
VP20 - Grenzturn	7.60	1:25:23	11:14	36	38:22	137	42:12	123.42	18:24:53	8:57	35	6:27:01	127	6:55:31
VP21 - Ruderclub	4.78	59:51	12:31	29	27:21	113	32:36	128.20	19:24:44	9:05	35	6:48:29	126	7:28:07
VP22 - Frohnau	4.07	42:36	10:28	25	15:27	102	18:07	132.27	20:07:20	9:07	35	7:02:44	125	7:46:08
VP23 - Naturschu	6.61	1:18:12	11:49	34	31:27	135	38:33	138.88	21:25:32	9:15	35	7:32:17	129	8:23:14
VP24 - Oranienbu	4.98	1:19:02	15:52	42	46:41	195	49:16	143.86	22:44:34	9:29	35	8:10:50	129	9:11:35
VP25 - Laufftreff l	5.34	1:11:39	13:25	40	41:42	182	41:42	149.20	23:56:13	9:37	35	8:31:54	129	9:50:24
VP26 - Wilhelmsr	5.72	1:11:00	12:24	40	37:28	186	38:52	154.92	25:07:13	9:43	35	8:51:19	132	10:28:46
VP27 - Wollankst	3.02	40:31	13:24	34	22:09	153	30:56	157.94	25:47:44	9:47	35	9:00:29	133	18:16:35
Friedrich-Ludwig	3.96	44:39	11:16	35	24:14	167	24:14	161.90	26:32:23	9:50	35	9:19:37	133	11:11:35