



# 100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

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## Vital mit Wohlgewicht Herford

00: Vital mit Wohlgewicht Herford  
00: 4037

00: 161.90 km  
100MeilenBerlin - 4er Staffel

0000:  
4er Staffel

000: 25:34:39

00: 6.29 km/h  
0000: 9:29 min/km

00000/0000: 49 (of 51)

00000/0000: 49 (of 51)

000000: 12:47:10

00000: 49(of 51)

0000000: 12:47:10

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	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
VP1 - Brandenbu	7.30	47:29	6:30	47	18:14	47	18:14	7.30	47:29	6:30	47	18:14	47	18:14
VP2 - East Side G	6.46	45:47	7:05	47	19:00	47	19:00	13.76	1:33:16	6:46	47	37:14	47	37:14
VP3 - Dammweg	5.90	40:57	6:56	45	15:22	45	15:22	19.66	2:14:13	6:49	44	52:36	44	52:36
VP4 - Johannisth	5.64	42:07	7:28	46	17:26	46	17:26	25.30	2:56:20	6:58	45	1:09:28	45	1:09:28
VP5 - U-Bahnhof	5.90	43:34	7:23	38	18:14	38	18:14	31.20	3:39:54	7:02	43	1:27:42	43	1:27:42
VP6 - Buckow	4.92	38:26	7:48	40	16:43	40	16:43	36.12	4:18:20	7:09	44	1:44:10	44	1:44:10
VP7 - Kirchhainer	6.17	48:34	7:52	35	20:04	35	20:04	42.29	5:06:54	7:15	40	2:03:34	40	2:03:34
VP8 - Lichtenradi	4.37	33:38	7:41	35	13:22	35	13:22	46.66	5:40:32	7:17	38	2:16:56	38	2:16:56
VP9 - Osdorfer St	5.71	46:58	8:13	43	20:28	43	20:28	52.37	6:27:30	7:23	40	2:36:44	40	2:36:44
VP10 - Sportplatz	6.50	56:39	8:42	41	24:42	41	24:42	58.87	7:24:09	7:32	40	3:01:26	40	3:01:26
VP11 - Königswe	6.22	49:19	7:55	47	22:44	47	22:44	65.09	8:13:28	7:34	43	3:21:43	43	3:21:43
VP12 - Gedenkst	6.85	57:50	8:26	48	27:39	48	27:39	71.94	9:11:18	7:39	44	3:46:31	44	3:46:31
VP13 - Brauhaus	6.88	1:02:21	9:03	50	31:38	50	31:38	78.82	10:13:39	7:47	46	4:13:57	46	4:13:57
VP14 - Revierförs	5.70	58:12	10:12	50	31:25	50	31:25	84.52	11:11:51	7:56	47	4:40:58	47	4:40:58
VP15 - Schloss S	6.24	55:56	8:57	44	27:28	44	27:28	90.76	12:07:47	8:01	48	5:03:58	48	5:03:58
VP16 - Pagel & Fi	7.60	1:29:24	11:45	50	57:18	50	57:18	98.36	13:37:11	8:18	50	6:01:16	50	6:01:16
VP17 - Karolinenl	4.91	1:01:22	12:29	51	40:06	51	40:06	103.27	14:38:33	8:30	50	6:41:22	50	6:41:22
VP18 - Falkensee	6.60	1:37:07	14:42	50	1:07:28	50	1:07:28	109.87	16:15:40	8:52	50	7:48:50	50	7:48:50
VP19 - Schönwal	5.95	1:29:24	15:01	51	1:02:34	51	1:02:34	115.82	17:45:04	9:11	50	8:51:24	50	8:51:24
VP20 - Grenzturn	7.60	1:46:02	13:57	51	1:09:13	51	1:09:13	123.42	19:31:06	9:29	50	9:48:59	50	9:48:59
VP21 - Ruderclub	4.78	1:03:43	13:19	51	44:29	51	44:29	128.20	20:34:49	9:37	50	10:29:45	50	10:29:45
VP22 - Frohnau	4.07	34:45	8:32	47	17:59	47	17:59	132.27	21:09:34	9:35	49	10:43:51	49	10:43:51
VP23 - Naturschu	6.61	56:39	8:34	43	28:36	43	28:36	138.88	22:06:13	9:32	49	11:05:54	49	11:05:54
VP24 - Oranienbu	4.98	45:05	9:03	42	23:30	42	23:30	143.86	22:51:18	9:31	49	11:26:00	49	11:26:00
VP25 - Laufftreff l	5.34	47:59	8:59	41	47:39	41	47:39	149.20	23:39:17	9:30	49	11:48:51	49	11:48:51
VP26 - Wilhelmsr	5.72	48:40	8:30	44	27:28	44	27:28	154.92	24:27:57	9:28	49	12:12:12	49	12:12:12
VP27 - Wollankst	3.02	31:00	10:15	40	16:37	40	16:37	157.94	24:58:57	9:29	49	12:28:49	49	12:28:49
Friedrich-Ludwig	3.96	35:42	9:00	45	22:21	45	22:21	161.90	25:34:39	9:28	49	12:47:29	49	12:47:29